# Dock Line

Huntsville/Lake Livingston

January 2020

PPOD: NO GENERAL SERVICE





A New Experience in Healthcare

See page 8





Who Oversees Flood Control for Montgomery County? See Page 20

# SandStone HEALTH

Our team has grown to *support you* in more ways than ever before. We now offer a complete solution for your total health and well-being.

# Comprehensive care for every step in life

When Sandstone Chiropractic was established in Montgomery, Texas in 2009 - We made it our mission to provide the families of our community with a new perspective on their health by delivering the highest quality of care in a comfortable and holistic setting. Since then, the demand for the same experience in family medicine, neurofeedback and regenerative medicine presented itself. This provided us with the opportunity to continue our pattern of growth by creating a unique blend of comprehensive healthcare to better serve our community and their loved ones. Sandstone Family Medicine and Sandstone Regenerative Medicine are NOW OPEN in the Woodforest community.

The Right Choice Can Change Everything





Our mission at Sandstone Family Medicine is to provide patients the most innovative and highest quality care. We strive to form lasting relationships with the entire family by including patients in the decision-making process and acknowledging them as active participants in their health.

# **NOW OPEN!**

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Our philosophy is to provide the best possible care recommendations, and then allow the patient to choose the type of care they wish to receive. We hope to create lasting relationships with patients who are committed to regaining their health, and who allow us to participate in their full recovery. The committed patients who listen and take action on our recommendations get the best results.

> Conroe Magnolia Montgomery **Spring Harmony**



By using neurofeedback we are able to retrain the brain by correcting frequency abnormalities associated with various neurological conditions such as ADD, ADHD, autism, anxiety, depression, PTSD, memory loss, and auditory processing issues just to name a few. At the Sandstone Center for Neurofeedback, we combine neurofeedback therapy with various brain-base therapies in order to stimulate optimal results.

> 8850 Six Pines Drive Suite 250 Shenandoah, TX 77380

Visit us online for more information or please call: 281.203.0070

Follow us @sandstonehealth for news and updates 🚹 🌀











THE WOODLANDS 9305 Pinecroft Drive, Suite 303 The Woodlands, TX 77380

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# From the Managing Editor



# Happy New Year

It's hard to believe another year has passed and a new decade begins with 2020. Here at Dock Line Magazine we are extremely excited to start the New Year with some amazing new ventures. We are skipping the New Year's resolutions putting the past behind us while getting straight to work. We promise to do our best to bring you current and insightful information every month along with a few exciting announcements soon to come, so hold on it's going to be a preeminent year. We hope your 2020 starts off just as amazing. Wishing you all a prosperous New Year. Let's make 2020 the best year yet.

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# Dock Line

**Huntsville/Lake Livingston** 

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# ON THE COVER



Sandstone Health has four chiropractic locations offering stateof-the-art health care.



# Dock Line

Huntsville/Lake Livingston

Verle "Ozzy" Osborne PUBLISHER

Linda Sharver EDITOR

GT2/Coconut
MANAGING EDITORS

Kelly L. O'Quinn ART DIRECTOR

Juan Viveros
GRAPHIC DESIGNER/
WEB DEVELOPER

Susan Osborne
OFFICE MANAGER

Karyn Green
V.P. DIGITAL STRATEGY
THE DOCK LINE COMPANY, INC.

David Donahoo, Colton Rucker SEO SPECIALISTS

Walt Thompson DIRECTOR OF SALES

Angela Glezman Stephanie Davis Jessie Smith SALES ASSOCIATES

Jessie Smith
PHOTOGRAPHER

#### **CONTRIBUTORS:**

Bronwyn Clear

David Scott Cox • Lisa Wolling

Matt Barrett • Ruby Cross

Tony W. DeRamus, DC, CCSP

Marilyn Meshell

Derek Pietsch

DOCK LINE MAGAZINE is published by: Dock Line Magazine, Inc. P.O. Box 1203, Willis, TX 77378 Telephone: 936-890-7234 E-mail: ozzy@docklinemagazine.com

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# HC Gun & Knife Shows, Inc.

When: January 11 - 12, 2020

Time: Sat: 9:00 a.m.- 5:00 p.m.; Sun: 10:00

a.m. - 4:00 p.m.

Where: Lone Star Convention Center, 9055

Airport Rd., Conroe, TX 77303

Admission: Adults: \$9.00, Free Parking.

Children 12 & under: Free. Law

enforcement officers in uniform will gain Free admission.

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# **Empty Bowls**

When: January 13, 20 & 27, 2020

Time: Create A Bowl Sessions: Mon.3pm-6pm; Sat. 10am-2pm; Glazing Bowls: Tues-

Fri.3pm-6pm; Sat.10am-2pm

Where: The Wynne Home Arts & Visitor Center, 1428 11th St., Huntsville, TX 77340

Admission: Free

The Wynne Home Arts & Visitor Center is looking for volunteers to help make bowls for the annual Empty Bowl Fundraiser, held on February 25, 2020. No previous potter experience is necessary to attend the bowl making sessions. Volunteers are encouraged to stay at least an hour in order to complete a bowl. For more information call 936-291-5424.

# **Huntsville Audubon Society**

When: Thursday, January 16, 2020

Time: 6:00 p.m. - Snacks and chat; 6:30 p.m.

- Guest Presentation

Where: St. Stephens Episcopal Church, 5019 Sam Houston Ave (TX-75), Huntsville, TX Join fellow birdwatchers and wildlife enthusiasts Thursday, January 16th for "Eagles in the Huntsville Area" presented by Master Naturalist, writer and photographer Bronwyn Clear. Bottled water provided, but please bring a snack to share. For additional information email huntsvilletxaudubon@gmail.com. All are welcome!

# **Livingston Trade Days**

When: January 18 & 19 2020

Time: 9:00 a.m. - 5:00 p.m. Saturday, 9:00

a.m. - 2:00 p.m. Sunday

Where: Pedigo Park, 925 US Highway 59

Bypass North, Livingston, TX

Admission: FREE admission and parking Open year-round on the weekend before the third Monday of each month. Livingston Trade Days is held in beautiful Pedigo Park surrounded by picturesque East Texas Pines. Two large covered pavilions and a multitude of open-air lots host a wide variety of local food, arts & crafts, hunting accessories, tools, collectibles, unique clothing, jewelry, shabby chic, antiques, and so much more. Bring your family and enjoy a day in the park. There's something for everyone! For more information on this event, contact Lynn Riley or Juan Parra at 877-824-6653, email livingstontradedays@livingston. net or visit www.cityoflivingston-tx.com/ tradedays. •







# A New Experience in Healthcare



Walking in the doors of Sandstone Health at one of their four chiropractic locations, their family medicine office or their neurofeedback location feels like you are walking into the warm, welcoming home of a family member - If that family member offered state-of-the-art health care. Which is exactly what Chiropractor, Dr. Tony DeRamus had in mind when he first established Sandstone Chiropractic in Montgomery, Texas in 2009.

"When I began in Montgomery, I knew I needed to have a clear mission as to why I was doing what I was doing. That mission was and still is to educate and take care of the doctors in our profession while providing the best care

possible for our communities," he says. "At the end of the day, it's all about the people."

### The Sandstone Philosophy

What started as a chiropractic practice, treating people with pain, stiffness and limited range of motion has become one of the fastest growing healthcare practices in the area. The reason for their success? Chiropractor, Dr. Tony's philosophy that the patient must be an active and willing participant in their health and recovery. Rather than bullying patients into treatment plans that may not work for them, Sandstone strives to provide the best possible care recommendations, and then allows the pa-

tient to choose the type of care they wish to receive. With an eye toward creating lasting relationships with patients who are committed to regaining their health, Sandstone believes the only way a patient is successful is if they are a partner in the process. This philosophy has paid off as patients who listen and take action on the recommendations made by one of Sandstone's providers experience the best results.

As patients flocked to Sandstone for chiropractic care, Chiropractor, Dr. Tony began to understand that Sandstone was doing more than treating people, they were revolutionizing the way their community participated in their health care. Yet, there was still a void in the way



most people experienced medicine with their family practitioners.

# **Enter Sandstone Family Medicine**

"Opening a family medicine practice was something that was important that I knew I needed to do for our community," Chiropractor, Dr. Tony shared. "I felt that the need was growing for more family practices that provided the same quality of care that we provide in our chiropractic practices. I knew we would also be able to provide the community with a highquality solution to their family's healthcare. That's when I began to put together a qualified and skilled team of professionals to make this a reality."

The introduction of Sandstone Family Medicine in October 2019, brought with it a flood of patients who were eager and ready to experience health care not as just a patient, but as a partner. Emphasizing preventative and functional medicine, Sandstone Family Medicine's team of specialists work to reveal the underlying causes of a patient's concerns to help them regain their health without dangerous opioid medications or unnecessary antibiotics.

### At the Forefront of Technology

Sandstone continues to introduce various cutting-edge therapies in their offices to help support the body's natural healing process by

introducing specific targeted protocols, with therapies such as Pulsed Electromagnetic Field Therapy (PEMF), Cryofos (spot cryotherapy), Spinal Decompression and more! Sandstone practitioners believe that every therapy must be rooted in human connection to be its most effective.

### Something Different for Pain

With the opioid crisis looming large over the country, people who experience pain are looking for alternatives to prescription pain relievers. Many have found not only relief but also a return to function within the walls of Sandstone Health, Most recently, Sandstone has introduced a proprietary Joint Rejuvenation Program, helping patients with osteoarthritis, ligament and tendon injuries, plantar fasciitis, and overuse injuries make incredible recoveries. This series of procedures work to repair areas that just a short time ago would have taken surgical repair or prolonged recovery times to heal. Minimally invasive and requiring no anesthesia, no narcotic pain medications, and no prolonged recovery times, the Joint Rejuvenation Program represents Sandstone's continued commitment to staying on the cutting edge.

# Something Different for the Brain

The opioid crisis has also driven the county to seek other natural options to achieve opti-

mal brain health. Understanding the magnitude of this need lead us to launching Sandstone Center for Neurofeedback in The Woodlands, July 2018. Neurofeedback is a brain-based therapy used to correct the frequency abnormalities in the brain associated with various neurological conditions without the need for medication. Neurofeedback has proven success in helping patients overcome the symptoms of various conditions such as ADD/ADHD, Anxiety, Depression, Memory Loss, TBI, PTSD, Concussions, Postpartum depression and more. At Sandstone Center for Neurofeedback, we base your treatment plan on the results gathered from your 19-channel brain map, where we will pair neurofeedback therapy with supportive therapies such as Oxygen therapy, Whole Body Vibration, Electromagnetic Field (PEMF), HRV (Heart Rate Variability) and Photobiomodulation (PBM) to help you achieve optimal brain function.

### What's next?

Chiropractor and CEO of Sandstone Health, Dr. Tony DeRamus is determined to bring the Sandstone Health experience to as many people as possible. In 2020, he plans to expand the chiropractic arm of the company and open two additional chiropractic locations in the greater Houston area.

Continued on page 10 ∞





# THE RIGHT CHOICE CAN **CHANGE EVERYTHING®**

SANDSTONEHEALTH.COM

# **Locations and Contact Information**

SANDSTONE CHIROPRACTIC MONTGOMERY 125 Blue Heron Dr., Ste B Montgomery, TX 77316 936-582-0404

SANDSTONE CHIROPRACTIC MAGNOLIA 6875 FM 1488, Ste 300 Magnolia, TX 77354 281-789-7586

SANDSTONE CHIROPRACTIC CONROE 1336 League Line Rd., Suite 200 Conroe, TX 77304 936-230-5515

SANDSTONE CHIROPRACTIC SPRING/HARMONY 3466 Discovery Creek Blvd., Ste. 300 Spring, TX 77386 281-367-5020

SANDSTONE CENTER FOR NEUROFEEDBACK 8850 Six Pines Drive, Suite 250 Shenandoah, TX 77380 936-230-5161

SANDSTONE FAMILY MEDICINE 795 Fish Creek Thoroughfare, Suite 270 Montgomery, TX 77316 936-436-8121

# KNOWLEDGEABLE. DEPENDABLE. STRATEGIC.



Lake Conroe Waterfront on .78 acres w/open views for MILES! Located on the South shore of Lake Conroe in a gated subdivision & conveniently situated near restaurants, Golf + only a short drive to both downtown Conroe/downtown Montgomery! You are greeted by an estate-style driveway that leads to a 3 car garage. The interior provides a blank canvas to reimagine the beauty of this home. The living room has amazing views, SOARING ceilings + a floor-to-ceiling brick

fireplace! Kitchen offers solid wood cabinets (making a restain or paint easier!), breakfast bar, breakfast room + formal dining! The first floor offers a spacious master bedroom w/double sinks, walk-in shower, soak tub + HUGE closet, second bedroom w/private bath & door leading to sunroom plus private study w/solid wood wainscoting. Upstairs provides 3 large secondary bedrooms, enormous gameroom + an additional sunroom w/walk out balcony overlooking the pool & Lake. The backyard boasts a pool w/hot tub w/ tons of decking. 2521 Sand Shore Drive, Waterford Estates in Conroe.



A private & elegant country estate that is conveniently located on a quiet street off 1488 w/in minutes of shopping, restaurants, schools, Lake Conroe, The Woodlands + more! Situated on a 2.44 acre lot this custom home boasts an open floor plan, expansive living spaces + numerous options for outdoor entertainment! Exterior features include eye-catching facades, warm stone/stucco accents, arched walkways/door-

ways, wrought-iron balconies, courtyard, TWO full size garages (4 car spaces) + a private water well! The interior will immediately WOW once you walk through the iron front doors to the two story foyer! The interior was designed w/the following: high ceilings, heavy use of hardwood and travertine tile floors, architectural details including arches and use of large picture windows, stylish granite throughout, high-end cabinetry + very spacious bedrooms. 5 bedrooms, game room, office/sitting room, bonus room, covered/uncovered porches/patios/balconies, breakfast + formal dining room. 315 Mapleleaf Street, Country Forest in Magnolia. ML# 41144855. \$710,000



Classic, Cozy and an Effortless Elegance makes this home stand apart from the rest. Perfectly situated on a .8 acre lot in a gated, waterfront community in Montgomery close to the Lake, Golf, Restaurants & more! So many extras from the striking statement of the Old World wood floors to the large picture windows overlooking the pool area. The heart of the home offers style & charm in the island kitchen w/bar seating, apron front sink, classic white subway tiles, Carrara marble counters, custom cabinets, Chef inspired appliances & open

to the living that is filled w/natural light, stacked stone FP + custom trim/millwork. Just beyond the kitchen/living is a grand dining area enhanced by exposed beams. Attractive/relaxing master boasts an eye-catching shower, vanity area +tub under a barrel ceiling design. Rich/warm wood study w/ doors leading to covered porch. Gameroom up w/3 bed, 2 baths. Exterior: pool/spa/beach entry/ waterfall, shower, decking+covered patio. Lot goes past the back fence. 233 E Blue Heron Drive, Blue Heron Bay in Montgomery. ML# 78445337. \$614,000



This is truly a RARE FIND! 5.6 +/- Acres of Unrestricted Property in Conroe! Located just off of I-45/Crighton Rd and FM 1314; no flooding! So many possibilities on this Estate - make this your private home, build your business or do both! The property offers a pristine fishing pond stocked w/ bass, perch, catfish. Picturesque scenery w/bridge, pre 1941 windmill, curio building dated back to 1934 w/local history that was relocated to this spot, 24x27 metal workshop, private

well + right-of-way into River Plantation! The home has been loved by ONE family EVER! The circle drive leads to a well-kept home boasting a spacious living room w/FP + game room equipped w/a ceiling fan from the Texas/Pacific railroad station in Dallas! The kitchen is light/bright w/solid wood cabinets, solid surface countertop + large dining room w/bay window. Master bedroom + 2 additional bedrooms downstairs. 4th bedroom w/private bath is the only room up. Attached oversized garage + attached covered parking. 10085 Stidham Road in Conroe. ML# 70493892. \$499,000



New Construction at an amazing price! Located in a quiet subdivision in Montgomery surrounded by National Forest and offers a fishing lake and community pool! The interior offers an open concept living with stylish polished concrete floors, great natural lighting and three spacious bedrooms. Builder has additional homes in the neighborhood; contact for more information. Ready for move in! 15897 Pecan Drive, Hidden Forest Estates in Montgomery. ML# 49933806. \$144,900



Buyers Don't pass this up!! Seller is very motivated & ready to sell!! The estate-style drive welcomes you home to a 1.19 acre lot surrounded by shade trees & located on a quiet street. The outdoor living not only offers spacious covered/uncovered patio/porch space + privacy, but a pool w/waterfall! The home greets w/a cozy porch that overlooks the front yard w/eye-catching wood accent ceilings. Interior - large living room w/high ceilings, wall of windows, wood floors and fireplace. The kitchen overlooks the living area & is equipped w/

solid surface countertops, gas cooking, solid cabinets, breakfast area + formal dining w/French doors. All bedrooms downstairs (only room upstairs is the gameroom). Master bedroom offers 2 walls of windows, double sinks, soak tub + walk-in shower. 2 secondary bedrooms w/shared full bath. Large game room/media room upstairs! The backyard offers a sunroom/enclosed back patio, fencing, pool + decking! The neighborhood offers a fishing lake, trails + more! 8946 Catamaran Way, Ridgelake Shores in Montgomery. ML# 41531627. \$364,900



Clean, Cozy, Conveniently located & situated on almost an acre w/a detached apartment! This, Like-New, ranch-style home is centered around a well-established neighborhood offering THE WOODLANDS SCHOOLS, tennis, pool, playgrounds + minutes from Jones State Park, I-45, The Woodlands amenities. The exterior boasts shade trees, tons of yard space, estate-style driveway, EXTENSIVE decking in the backyard offers tons of outdoor living space, greenhouse/ shed + detached garage w/covered walk-way. The main house

immediately WOWs w/stylish wood-grain tile floors, high ceilings in the living w/wood beams & floor-to-ceiling FP w/heatilator. The kitchen is chic & fresh w/eye-catching granite, sleek/crisp cabinets, SS appliances, walk-in pantry, breakfast bar + dining room. Master wing offers great closet space, double sinks, tub/shower + private door leading to laundry area. 2 very spacious secondary bedrooms w/shared full bathroom. Guest apartment is steps away w/kitchenette + full bathroom; NICE! 2406 Carriage Ridge Lane, Carriage Hills in Conroe. ML# 6918365. \$322,900



Welcome HOME to peace and relaxation! This well-kept ranch-style home is perfectly situated on 1.79 UNRE-STRICTED Acres that is high/dry no flooding, located near FM 1314 and between Grand Parkway & 242! The exterior offers an oversized three car covered parking + uncovered parking, an extensive back deck/back patio that overlooks the shaded backyard that is partially fenced + equipped with dual storage sheds on a slab and a generous front covered porch that welcome you home! The interior greets w/eye-catching floors, spacious living room, kitchen

w/warm wood cabinets, granite counters, double oven w/stylish vent hood all overlooking living room, breakfast bar w/sitting + dining room! Master bedroom w/double sinks, vanity area, walk-in closet + extra storage. Plus, THREE additional bedrooms w/great closet space! 19100 Moorhead Road in Conroe, ML# 3238961, \$309,900



Fresh and Clean! This 3 bedroom, 2 full bathroom home is ready for move-in with fresh paint and flooring throughout! Located on a private corner lot with a double-wide driveway with covered parking (20x21), fresh/eye-catching landscaping, 12x8 storage shed, over 375 square feet of covered/uncovered back porch w/fan + a covered front porch! Great entertainment space! Spacious living room with vinyl plank flooring with great natural lighting. Kitchen is open to living area and boasts custom cabinets w/pull out storage drawers,

breakfast bar, SS appliances + stylish backsplash. Large master bedroom with walk-in closet, double sinks, Shower/garden tub combo. Split plan for two secondary rooms on the opposite wing w/full bathroom offering walk-in shower. Tons of EXTRAS on this house! Roof is 5 years young! Community offers a great location to Highway/shopping/schools and a park! 9541 Cedar Ridge Court, Pin Oak in Willis. ML# 41418320. \$139,900



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# FISHING REPORT By: David Scott Cox

David Scott Cox
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### FISHING FORECAST:

Spring fishing fever is inflicting anglers around the region. White Bass are already in the river and making their annual migration to spawning grounds. This should be one of the best years for the White Bass run in recent memory. The lake has been lower than normal however the fishing is great.

Lake Livingston consists of over 90,000 acres of water and 450 miles of shoreline.

#### SPECIES REPORT:

Black Bass {largemouth} - Spring is time to throw spinner baits and Charlie's June Bug Gecko on TX rig. Look for big females to be on the nest in shallow water during warming trends. Some good fish inside the cuts of major creeks. Newton, upper Carolina and Harmon Creeks producing Blacks. Some good fish caught recently in Bethy Creek on wood and rocks.

<u>Catfish</u> - Good fishing for big Blue Cats on drifted shad mid lake and lower lake regions. Great action now for Blue Cats on trot lines baited with fish shad near the old river channel. Fishing for Blue Cats on jugs has been good in the bays when the wind is blowing.

Harmon Creek is producing Blue Cats during early morning fishing under the bird roost.

<u>Crappie</u> - Good Crappie now coming out of Bethy, Harmon, Carolina, Kickapoo and White Rock Creeks in clear and tea colored water. Also, some good Crappie coming out of lower lake boat houses. Best bait has been live minnows 4-8' on a slip cork.

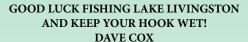
White Bass - If the river channel at Riverside remains clear and green fish here with 1/4 oz. Rattle Traps and medium diving crank baits. After a rain event go up the major creeks until the water is tea colored and throw Tsunami Cocktail Spinners in white or chartreuse. Slow moving





water up the creeks is the key to getting in on the best bite.

<u>Duck Hunting</u> - Wood Duck hunting overall has been slow with the lower water levels. Scattered reports of Mallards in the Jungle and upper river. ◆



Normal Lake Level 131.0'
Current Lake Level 129.9'

Water Temperature 58°-60°

Release - 1,000 cfs

Water Clarity – upper river channel clearing, mid lake clearing, lower lake clear, upper creeks, mostly clear.









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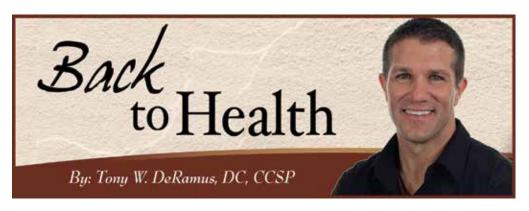


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# Is Technology Destroying Your Spine?

I am seeing a staggering number of individuals coming into my office with chronic neck and lower back pain. As soon as they sit down, I know exactly why. Their posture is horrendous. 99% of the time while they are waiting, they are on some sort of

Many of us are of the mindset that if it doesn't cause immediate pain then it must be ok. Wrong! Left uncared for, the wear on tear on the spine will affect us later on down the road and distort proper spinal development. This may cause pain in later



years, but even more importantly, if the misaligned spinal bones are interfering with nerve function, many health problems may result in the future.

One thing you need to remember is that your nervous system controls every cell, every tissue and every muscle, so if your nervous system is functioning at less than optimal, you are breaking down faster than you should. And what helps maintain a proper functioning nervous system is the spine that supports your posture. So, if your spine is not ideally aligned, then you are going to eventually develop symptoms associated with the nervous system. Headaches are a great example.

Many of the micro-traumas, particularly those related to posture and position, can be avoided by correct choices. We need to start being more conscious about good posture. When you are on a smart phone or iPad make sure the device is held at eye level. Make sure that your lower back, mid back and neck are all in an upward position. If needed, buy a stand to make sure the device is in a better neutral position and that you are looking up at the device rather than down. Most importantly, try to limit the usage time.

At Sandstone Chiropractic, it is our goal to educate every person that walks through the door about the importance of proper posture and the benefits of chiropractic care. The fact of the matter is that we have a lot more technology in our lives and it is ruining our posture, slowly, daily and we wonder why as adults we suffer from posture related health issues, like neck pain, lower back pain, headaches, etc. Start the process of living a healthier life by always reminding yourself to stand up tall and you will be amazed at how the change in posture translates into a healthier functioning nervous system, and a healthier you.

device, completely hunched over, rounded lower back, rounded mid-back, both shoulders turned in and their necks are in a flexed down position. This epidemic of structural and functional breakdown is occurring at younger and younger ages (2, 3 and 4 years old!), and it's only getting worse with technology.

People spend an average of 2 to 4 hours each day looking down at their phones while texting, sending an email or just passing time on one of the many social media sites. That adds up to 700 to 1,440 hours a year.

The average adult head weighs 10 to 12 pounds when it's in the upright position. The head becomes several times heavier the further forward your head goes. Bending your head forward 15 degrees puts 27 pounds of pressure on the spine; a 30 degree tilt puts 40 pounds of pressure on the spine. Carrying around that extra weight every day eventually leads to early wear and tear on the spine.





# **Huntsville Pets Helping People**

www.huntsvillephp.com www.facebook.com/huntsvilletherapypets

# Is Fluffy Under the Weather?

By: Marilyn Meshell

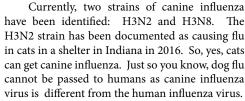
It seems like every few days the weather changes to a different season. On Sunday it was summer like. Then on Tuesday, it was winter again. By Friday it will return to spring or fall weather. People and pets may struggle to keep up with all the weather swings. At least people can add or remove layers of clothing in an attempt to keep comfortable. Pets with fur coats may have more of a struggle to remain comfortable as fur is not so flexible. It is no wonder that flu and other respiratory illnesses are prevalent in the area at this time of year.



Is Fluffy under the weather? If Fluffy is a social dog who visits dog parks, doggie day care, grooming salons, stays at a boarding kennel, or attends group classes such as obedience classes, they may have been exposed to canine influenza, more commonly called dog flu. Unlike the human flu virus, canine influenza is not a seasonal virus. Dogs may develop dog flu at any time throughout the year. Dog flu may be caught by dogs of any age, any breed, either gender, and irregardless of their health status. It is a matter of who is exposed to the virus. Up to 80 percent of dogs who are ex-

posed to dog flu will become infected.

The symptoms of dog flu are similar to those of kennel cough and possibly other respiratory diseases. Dogs may be contagious for days before symptoms appear. Symptoms include a persistent



Dog flu is highly contagious. It is passed by direct contact, barking, coughs, sneezing and contact with contaminated surfaces such as food and water bowls, bedding, leashes, and kennels. Humans can spread the disease to healthy animals if they do not exercise proper sanitation procedures. Obviously, proper procedures start with diligent hand washing, especially before touching a different animal. Otherwise, the virus can spread to door knobs, phones, and other household items and, of course, other animals. Clothing and bedding may harbor the virus so those items need to be washed in hot water with detergent and bleach.

Dogs who are ill need to be isolated from healthy animals. Providing isolation may be a real



cough, nasal discharge, fever, lethargy, and loss of appetite. Many dogs will exhibit mild symptoms. One in five animals will have a more severe form of the illness and a few dogs will not survive the disease. However, ten to twenty percent of animals will become infected but show no symptoms.

It is important to visit a veterinarian to determine what condition your dog has and to get guidance on proper treatment. Kennel cough (Bordetella, a bacteria) is treatable with antibiotics while dog flu, a virus, is not. Instead, dog flu is treated with supportive care. A veterinarian may provide medicine to reduce fever, provide fluids if the animal is dehydrated, and treat secondary infections such as pneumonia should they develop.

challenge in multiple animal households. It is best to provide physical separation between healthy and sick animals such as keeping the infected animal in a separate room away from the rest of the pack. If a separate room is not possible, the dog who has flu may be kept in a crate and you may be able to devise some sort of physical barrier using stacked boxes, a tarp, or other materials. Dogs may shed the virus for more than 20 days so maintaining isolation will not be a short-duration activity. Most animals recover from canine influenza in two to three weeks.

If your dog does not visit dog parks, groomers, or attend classes and is not boarded, his chance of exposure to canine influenza will be minimal. If your dog is more social, please discuss with your veterinarian the pros and cons of having your dog vaccinated for canine influenza. Finally, if Fluffy is not feeling well and develops a cough, it is probably time to visit her primary care physician, your local veterinarian. ◆



# How well do you know your mattress?



# **MATTRESS SPECIALS**

12" foam encased queen mattress with gel. Plush or Pillow Top \$398 14" foam encased queen mattress with 2" gel. Plush or Pillow Top \$598 390 coil Twin mattresses \$110 Full \$150 King \$288







**NOBODY BEATS OUR PRICES!** 





# Learning about Wildlife -Our Educational Outreach

By: Lisa Wolling, Executive Director

At Friends of Texas Wildlife, we feel one of the most important aspects of serving the community is what we offer through our educational outreach programs. Education is a vitally important part of our mission, and we offer many and varied programs and events.

Our educational outreach programs, under the exceptional direction of Cathie Coudert (our Education Coordinator), have expanded each year. In 2019, these programs reached over 5,000 members of the community through 92 different and unique events. Additionally, three Boy Scout Eagle projects and six Girl Scout Bronze or Silver Award projects were completed. We offer presentations to schools, camps, scouts, churches, and community groups of all ages. Here are just a few of the events our educational team offers:

- Second Saturday. Our education center is open the second Saturday of every month. Drop by any time between 10 am and 2 pm to visit. There are educational displays and touch tables to investigate, so kids can have some hands-on fun exploring animal pelts, bones, antlers, feathers, etc. It's also a great opportunity to meet one or more of our live, educational animal ambassadors (owls, hawk, opossum, turtles, and/or snake). Visitors can also browse our small gift shop (special wildlife-themed items!) and make a craft to take home. \$5 per person, children 2 and under are free.
- Spring Break Discover Days. These are stand-alone "mini-camp" days, with each day offering a different topic. For 2020, the dates will be March 10, 11, 12, 10:00-2:00. Attendees will come and go any time during these hours (drop in, no advance registration required), and can attend one, two, or all three days as desired. Tuesday, 3/10 will be Marvelous Mammals; Wednesday, 3/11 will be Winged Wonders; and Thursday, 3/12 will be Radical Reptiles. Each day will feature different educational animals, crafts, and games. Parents stay with

children, \$5 per person.

Summer Camps. Lots of wildlife fun and games! For 2020, we will be offering three identical sessions of camp: Session 1 June 9 - 11; Session 2 June 16 - 18; Session 3 June 23 - 25. All camps will run 10 am to 2 pm, campers bring sack

to: schools, libraries, scout groups, homeschool groups, garden clubs, civic and community organizations, senior-citizen groups, or really any group that would like to learn more about wildlife

We are passionate about helping wildlife and sharing our knowledge of the animals around us.







Each year, our eductional committee volunteers go to many community events to help different groups learn about the wildlife around us. We feel this is a vital part of our mission.

lunch. Registration will open April 1 on Eventbrite, \$125 per camper, geared for ages 7-11.

- Wild Summer Fun Days. This will be similar to the Spring Break days, but with longer sessions each day. Dates are Tuesday, 7/14 (Marvelous Mammals); Wednesday, 7/15 (Winged Wonders), and Thursday, 7/16 (Radical Reptiles). Parents drop campers off; each session will be 10 am to 2 pm (bring a sack lunch to picnic with). Come one, two, or all three days. For kids 7-11, \$30 per day. Registration will open on Eventbrite on May 1.
- Birthday parties. Come have a wildlifethemed party at our education center! Different themes and activities depending on age of child. Geared for children ages 4 through 10+.
- Educational presentations, either at our facility or yours. Including, but not limited

We always welcome the opportunity to help others learn a little more too. Our educational visitor's center is located at 29816 Dobbin Hufsmith Road, Magnolia, so come on out and check us out!

To learn more about what we do and view pictures of many of the animals we assist, please visit our Facebook page at www.facebook.com/Saving-TexasWildlife. The next Second Saturday at our education center Saturday, January 11. For more information about any of our events or educational presentations, please visit our website at www.ftwl. org, or email ftwl.education@gmail.com. On our website you can also find many helpful links and ways you can help support our efforts, too (such as Kroger Community Rewards, Amazon Smile, etc.). •





Our educational center is a fun and exciting place to visit. We offer lots of camps, mini-camps, drop-in days, and our very popular Second Saturdays.





# **Who Oversees Flood Control for Montgomery County?**

By: Matt Barrett, Flood Management Division Engineer

Concerns about lack of flood mitigation in Montgomery County are in the news again (Montgomery County commissioners respond to accusation of lack of flood mitigation efforts, The Courier, October 25, 2019; Montgomery County commissioners respond to concerns over lack of flood mitigation, Community Impact News, October 23, 2019). With all the attention in the media, Montgomery County residents may ask, "Who oversees flood control for Montgomery County?"

Unfortunately the answer is that there's not a single entity that is in charge of flood planning and flood management for all of Montgomery County. Just as significant—there's no dedicated funding to pay for regional projects that benefit the county as a whole.

Throughout its existence, in addition to providing water supply and other similar services, the San Jacinto River Authority (SJRA) has engaged in planning efforts related to flooding in its home base of Montgomery County, however county-wide flood mitigation plans have not been realized for a number of reasons including a lack of a dedicated funding source and a broad consensus to implement county-wide flood mitigation plans.

### Creation of the San Jacinto River Authority

The SJRA was created by the Texas Legislature in 1937 to develop, conserve, and protect the water resources of the San Jacinto River basin—all without funding from the State of Texas. Covering all or part of seven counties, the organization's jurisdiction includes

the entire San Jacinto River watershed, excluding Harris County. SJRA is one of 10 major river authorities in the State of Texas, and like other river authorities, its primary purpose is to implement longterm, regional projects related to water supply and wastewater treatment across various counties in Texas. As defined by its enabling legislation, SJRA also has the authority to provide flood control and numerous other activities within its jurisdictional boundaries. SJRA actively seeks grant funding for projects, participates in regional watershed planning across its seven county area, and recently implemented a Flood Management Division to coordinate with various political subdivisions and partners on studies and funded projects.

### Creation of the Harris County Flood Control District

The same year SJRA was created (1937), the Texas Legislature also established a flood control district in Harris County. The Harris County Flood Control District (HCFCD) was created with the Harris County Commissioners Court as the District's governing body. Funded by a dedicated ad valorem property tax collected by Harris County, the HCFCD is the single entity dedicated to providing flood damage reduction plans and maintaining flood reduction infrastructure in Harris County.

# The Current State of Affairs

Montgomery County does not have a single entity like HCFCD to implement flood damage reduction plans, construct and maintain flood reduction infrastruc-

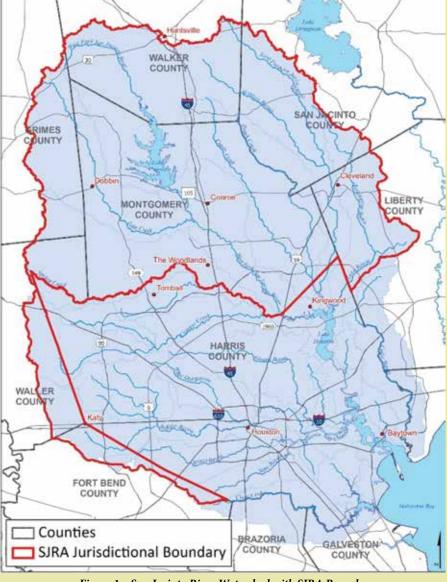


Figure 1 - San Jacinto River Watershed with SJRA Boundary

ture, and fund these efforts with a dedicated source. Instead, Montgomery County Commissioners Court, Montgomery County Engineering Department, Montgomery County Office of Homeland Security and Emergency Management, Montgomery County Flood Plain Management, SJRA, various working groups, and local water districts all contribute their specific solutions to combat flooding which results in the current shotgun approach to flood mitigation.

#### A Preview of the Past

Dedicated funding and a dedicated governing body, such as a flood control district, could make mitigation projects easier to devise, implement, and monitor. It could also improve oversight and provide a coordinated effort to improve the entire county, not just those areas that may have more active and politically engaged residents.

Historical Planning Efforts: Assessing Risk Since the 1940s

Beginning at its creation in 1937 and continuing through more than eight decades of dedicated and professional leadership, SJRA has quietly, but diligently, pursued its goals of long-term water planning and providing water-related services.

Beginning in 1943, in response to flood damage to property and agricultural lands in the San Jacinto River watershed, several historical drainage studies were performed. These studies analyzed existing conditions, identified flood risks, and evaluated mitigation alternatives in order to reduce flood risk, manage water supply in the region, and determine sedimentation impacts.

The initial 1943 San Jacinto River master plan report called attention to the need for comprehensive flood risk assessment within the service area. The ultimate goal of the master plan was the conservation, reclamation, and utilization of the natural resources of the entire watershed while accounting for sustainable growth and development within the area. A prime objective of the plan was to address flooding issues, resulting in several projects being considered to reduce the area's flood risk: the creation of dams and reservoirs, channel improvements, and levee construction. A total of 14 dams with approximately 886,000 acre-feet of storage for water supply and flood mitigation were considered in the Plan. The estimated cost of these projects at the time was approximately \$22.2 million for dam/reservoir construction and \$1 million for channel improvements.

In the 1957 San Jacinto River master plan report update, the Authority again discussed the importance of flood risk re-

ONTGOMERY MASTER PLAN SHOWING CONTEMPLATED DEVELOPMENT

Figure 1 – Proposed Alternatives Graphic from 1957 San Jacinto River Master Plan Report

duction measures as well as the implementation of drainage improvements to reduce inundation and destructive run-off, and minimize future loss of land productivity. Similar alternatives to those outlined in the 1943 master plan were discussed, and a detailed list of alternatives and estimated costs was again provided.

A San Jacinto Upper Watershed Drainage Improvement and Flood Control Planning Study developed in 1985 was the first study that focused on detailed evaluation of proposed alternatives and incorporated hydraulic modeling to evaluate their feasibility and flood risk reduction effectiveness. Several alternatives, both structural and non-structural, were considered and evaluated, including:

- Total channelization
- Selective channelization
- Vegetation clearing
- Bridge modifications
- Property buyouts
- Lake/reservoir creation

The report concluded that total channelization, bridge modification, and most vegetation clearing appeared to be less feasible based on benefit/cost ratios, and that property buyouts and reservoir construction appeared to be most cost effective.

In 1989, a Comprehensive Flood Protection Plan for Southern Montgomery County, Texas was created. This plan determined existing flood problems, proposed flood reduction alternatives, and recommended improvements for a small portion of south Montgomery County. The analyzed and recommended alternatives addressed localized flooding as opposed to regional issues.

SJRA, in cooperation with the Bureau of Reclamation, studied the possibility of building a reservoir on the lower portion of Lake Creek and developed a report in 1997. The proposed reservoir would have been roughly 80% of the size of Lake Conroe. The reservoir was proposed to increase surface water supply (approximate yield of 60% of Lake Conroe water supply), with no floodplain mitigation. Plans for the reservoir were not further pursued due to a lack of federal and state funding and minimal interest in water sales from the proposed reservoir.

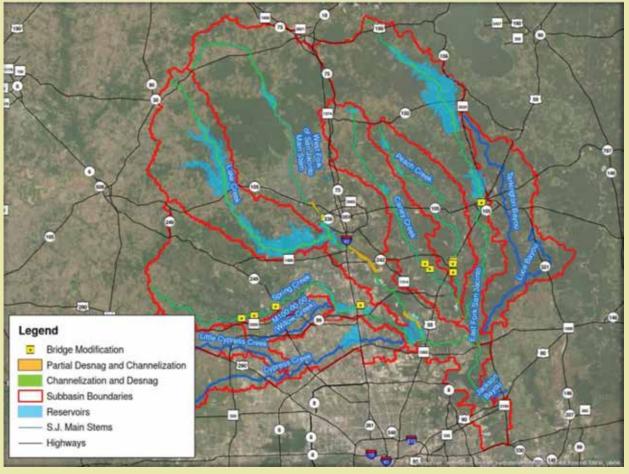


Figure 2-Alternatives from 1985 Planning Study

## Find out more on the SJRA BLOG at SJRA.com

Dedicated funding and a dedicated governing body, such as a flood control district, could have made mitigation projects easier to devise, implement, and monitor over the years. It could have also improved oversight and provided a coordinated effort to improve the entire county. A number of studies and plans were prepared over the years, but they were not implemented due to lack of funding.

On the SJRA Blog we will further explore the history of flood planning and flood management. We look at the attempts by a local legislator and the SJRA to establish a Montgomery County Flood Control District and how these efforts ultimately failed when the Montgomery County voters defeated the establishment of the district and its recommended funding mechanism. Find out more about the history of flood control in Montgomery County as well as additional water topics on https://www.sjra.net/blog/.

One of the major river authorities in Texas, SJRA's mission is to develop, conserve, and protect the water resources of the San Jacinto River basin. Covering all or part of seven counties, the organization's jurisdiction includes the entire San Jacinto River watershed, excluding Harris County. For additional information on SJRA visit our website at www.sjra.net, like SJRA on Facebook @ SanJacintoRiverAuthority, follow us on Twitter @SJRA\_1937, or Instagram @SanJacintoRiverAuthoritySJRA. ◆

Basin	Total Channelization	Desnag	Reservoirs		100-yr	25-yr
			Alt. 1	Alt. 2	Buyout	Buyout
West Fork	0.40	0.75	2.21	2.82	0.57	0.76
Lake Creek	< 0.001	0.0	$0.0^{1}$	<0.001°	0.09	0.09
Spring Creek	0.03	0.14	0.0	0.09	0.36	0.84
Peach Creek	0.33	0.04	0.80	0.40	1.3	1.9
Caney Creek	0.09	0.08	0.51		1.2	2.7
East Fork	0.07	0.002	0.07		0.77	0.81

- Lake Creek Reservoir operated for controlling West Fork floods.
- Lake Creek Reservoir and new Lake Conroe operation assumption.
- = Lake Creek Reservoir operated for controlling Lake Creek floods.

Figure 3-Benefit Cost Ratios for Alternatives 1985 Study



# **Online Resolutions for 2020**

By: Dock Line Social Media Team

Remember those futuristic films that we used to watch where people walked into their homes, and their homes spoke to them, turned on the lights and started the kettle? It seemed so far off, so advanced. Yet now we have the Internet of Things, voice-controlled assistants and even control our homes from our smartphones.

But all this connectivity seems to come at a price – there are now more ways than ever for our information to be stolen, viruses to gain access or people to impersonate us. We need tech in our wallets to stop people stealing from contactless cards and biometric data to secure our phones.

Staying safe online remains a big issue, whether on a smartphone, a desktop or even with voice-controlled assistants like Alexa or Siri. To help you, here are the top New Year online resolutions you should consider setting to help reduce the chance you fall foul of the many dangers in our wonderful new connected world.

#### New Year Online Resolutions for 2020

Here are some of the online resolutions we will use in 2020, and that would be worth adding to your list of ambitions for the New Year.

# I will do a social media clean-up on all my accounts

Set yourself some time when there is nothing else on the calendar and start going through your social media accounts. The idea is to look at what you see if as if you were someone else, a stranger or a friend.

For starters, what setting do you have on your account? Can anyone view your profile or do you have restrictions in place? While this is a personal preference, a public profile can be seen by anyone, and you might not want that if you have family photos, pictures of your house or other similar personal information on show.

Take a look at your accounts and the settings. You may spot things you might not want to be there anymore. Adjust the settings, remove photos and even unfriend people if you don't want them to see your information.

# I will change my passwords (and make them tough)

Saving or remembering passwords is a pain, and that is why we often use the same one on multiple sites, but this makes us very vulnerable to hackers and cybercriminals. So, another excellent online resolution for the New Year is to go through and change passwords and make sure they are tough.

A strong password should:

- Have 12 characters or more
- Use numbers, capital and lowercase letters and symbols such as ! or ?
- Be a word not found in the dictionary or a combination of words
- Not an obvious substitution such as using 0 in place of 'o'

This kind of password can be challenging to remember and even to type, but you can get some great free online password apps that hold all of your data under a single master password that you need to remember. Phones and browsers can also save information if they are secure.

# I will check that everyone in the house has tough passwords too

Once you have changed your passwords and made sure they are strong and tough to guess, do the same for everyone else in the household. Start with ensuring people protect devices with a personal identification number (PIN) – this is a backup even if the device has biometric features in case you need to access it.

Make sure it is challenging to get into a device with those stored passwords, photos and personal information, especially for the younger members of the family who are less security conscious.

### I will chat with the family about online safety

Kids, in particular, are vulnerable to the dangers of the online world, and that is why it is essential to consider having a conversation with them about online safety as part of your New Year resolutions.

Set out some online rules or best practices if this works better. Talk about never giving out

passwords, clicking the links in emails or messages and being careful about who you give friend status to on social media – as they can see all of your profile. While the aim is not to scare them into not using the Internet, it is best to be armed with information so they can protect themselves.

It can also be an excellent time to talk about online use in general. If you have household rules such as no phones at the dinner table or no online activity an hour before bed, go over these. Also, talk about why these things are important to show they aren't just random rules!

# I will support local businesses and be a good online citizen

We often focus on the negative about the online world, but there are lots of positives. One example is the ability to support local businesses by leaving reviews and positive feedback. These things make a big difference to businesses as more people than ever check sites like Trip Advisor or look at the reviews on Facebook.

Rather than only leaving negative mentions, set a resolution to take a moment to review the positive experiences. Tell a local restaurant the food was delicious or the local pub that the entertainment was top class. Be honest but don't forget, positive experiences help people as much as negative ones.

#### Be safe online

2019 was an eventful year, to say the least with the constant changes and challenges. From Facebook's Cambridge Analytica scandal to Instagram hiding likes and the growth of new platforms like TikTok, there are lots to consider and new issues to face. But there are also a lot of positives from the online world with the continued development of IoT one example of how it can make life easier.

By setting these or similar online resolutions for 2020, you can enjoy the best of the online world while also protecting yourself and your family. And don't forget, you can send in your questions about any of these areas as we are always happy to chat online about security and help you stay safe while on the Internet!

If you have any questions about this article or would like additional tips and tricks or information. Don't hesitate to contact us at social@dock-linemagazine.com!

Do you have a suggestion topic for our next article? Contact us at docklinemagazine.com/contact/ or directly at social@docklinemagazine.com. We look forward to hearing from you! ◆

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## 11-16-19 Outlaw Outdoors Bassmaster College State QualifierTournament Sam Rayburn

This morning Trey and I woke up and went outside and my boat was frozen. Everything was covered in ice crystals. We wiped it all down and defrosted it.

It is a very chilling 34 degrees with a thick fog. I dropped the boat in the water and headed down the ramp to the pier and almost slipped. It was also covered in a thin layer of ice.

As I got in the boat it was very foggy on the water. Guess what that means? FOG DELAY. We



were supposed to be on the water and start the tournament by 6:15 a.m. The tournament director said a prayer and they played the national anthem. We took off our caps and held our hands over our heart while the drone flew the United States flag over the water. That is the first time we had ever seen a drone carrying a flag. It was great. Since we





were all just hanging out on our boats and waiting for the fog to lift the tournament director decided to have a 15 minute tournament in the cove. Whoever caught the first fish won 2 hoodies. It was so cold that the fish didn't even want to bite. In 15 minutes not one of the anglers caught a fish so they extended it a few more minutes. Finally, we had a winner. Christian from SFA caught a bass, hoping it was a sign of good luck for the day.

In order for everyone to be safe on the lake, the tournament will not start till the fog lifts and you can see where you are driving. They usually send out a boat to look but this time they went by boat and also sent out a drone to hover over the lake to see where the fog ended. It was getting a little better but still not safe for us to fish. This thick fog is extremely dangerous.

Since we were all waiting for the fog to lift, I was able to visit my friend Parker, he is now at-







tending Baylor and he just started up the fishing team there. He had his coffee in one hand and red bull in the other. It was funny. Great to always see him. Trey and I also talked with Joe and some of the other guys from A&M.

Finally, after trolling around the cove the sun started to rise and the fog lifted. It is now 8:00 am and we are going to start the tournament. Today there are 66 teams competing for the number spot that gets you an entry into the Bassmaster National Championship College series.

In practice Trey and I caught 18 pounds one day and 14 on another. We started our day out fishing grass. That is how we caught them in practice, but this time we didn't catch any. So, we went to a deep spot and caught a limit of 5 by 10 am. We decided we were not going to fish shallow. What we had in our live well was not going to win the tournament. The first place team was the only team that would qualify for the National Championship and we were going to give it all we had to try to get it.

We idled and looked at spots where fish would group up this time of year. This is when I have to think like a fish. I also look up what they do in certain times of the year. I idled the whole rest of the tournament. I followed the river channel and found shad and used my side scan to locate the fish on both sides of the boat. The fish were chasing the bait and that is right where we needed to be. I located a school and ended up fishing about 20 feet deep. At this point we upgraded our fish to approximately 14 pounds. We found 3 more schools and caught fish off every single one. It was so much fun.



Trey caught the first 3 fish and then I caught a small and then I hooked up a 6 ½ pounder on a deep diving crank bait. It had a 10 inch shad in its mouth. That was a hungry fish. We put the other fish in the live well and they were spitting up the shad. We caught 30-40 fish. In the last hour and a half we culled all of our fish for what we had in our live well. They were all caught on a Strike King 6XD Deep Diving Crank Bait and a ¾ oz Football Jig.

### 11-23-19 Fishing for Rainbow Trout

Trey and I made a road trip up to San Marcos to visit our friends at Texas State University. The first day Trey and I went fly fishing with Cade Nicholson for rainbow trout in San Marcos on the Guadalupe River. We fished from 10 a.m. till dark and we only caught bluegill. The next day we heard the TPWA was releasing rainbow trout. I decided to set my line up like I did when I went fly fishing in Alaska. I used the same techniques working the line and I caught some rainbow trout. Cade caught an albino rainbow trout. It was yellow. I caught about 20 rainbow trout. Trey and Cade caught about 4 each. It was a great day fishing with my friends on the Guadalupe river. Living the dream, FISHING!

### 11-27-19 Fishing Lights with my Baseball Friends

All my baseball friends that liked to fish were home for Thanksgiving. Wednesday night Alex Nunn, Jacob Prigmore, Cade Walker and I decided to go out and fish lights on Lake Conroe. Great times with good friends. Throw It Out, Pop It In, Fish On! ◆





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EarthQuest Falconer, Don McCullogh, and a Tawny Eagle. The Tawny Eagle is from Africa, and is somewhat smaller than our own American Bald Eagle

# Birds of Prey Show – Lake Livingston State Park

Every March for the past four years, Earth-Quest has brought their Birds of Prey show to Lake Livingston State Park, and this is one show that you don't want to miss! Watch a falcon rip through the air over your head, see a vulture up close and personal, and marvel at the size and beauty of several different magnificent raptors. For various reasons these birds can never be returned to the wild, many due to the fact they were raised from chicks by humans. They have imprinted on people instead of their own kind, and now they think they're people. These birds don't know how to hunt, how to accept a mate, or how to survive in the wild. But they still serve a great purpose.

EarthQuest is a nonprofit organization dedicated to providing an environmental education program on birds of prey to the public. In 2019 EarthQuest brought their birds to 13 Texas school districts and 46 schools. Earthquest estimates the program in Texas was seen by almost 25,000 students and teachers last year! In addition they put on shows for parks, nature centers, and other civic groups. Over the past 16 years they've educated around 300,000 folks! EarthQuest volunteers really enjoy seeing all the children's delighted faces, their mouths wide open in wonder! And it's not just the kids, but the adults too!

Lake Livingston State Park Ranger, Joel Jannsen, first brought in the Birds of Prey program during 2016. His mission is to create and develop young stewards for the natural and cultural worlds, and this program is a perfect fit. Joel enthusiastically says, "People need to see nature up close to feel its Shock and Awe, and live programs are the best way to get kids involved. Families have come all the way from Austin and San Antonio to see the Birds of Prey show!" In some years up to 800 people have attended the event at the State Park, with close to half of those being children.

Look for the exact date in March on birdsofpreytexas.org, or facebook.com/LakeLivingstonSP. There are usually two identical shows, one at 11am





The Eurasian Eagle-Owl is one of the largest owl species. She's a big, bulky beauty, and twice as heavy as a Great Horned Owl.

and the second at 2pm. Bring the family to see these magnificent raptors at Lake Livingston State Park, and get ready for a little "Shock and Awe"! Learn more about the incredible nature in



A Turkey Vulture and EarthQuest Program Manager, Phil Huxford. Turkey Vultures hunt by smelling the gases produced from carrion, and they have been known to cluster around buried gas pipeline leaks as well!

our area by joining a chapter of the Texas Master Naturalist organization. To find a chapter close to you, or to read about the state program, go online to www.txmn.org. Volunteer and get involved! ◆



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# **Animal Shelter Volunteers of Texas**

# Behind the scenes...

By: Ruby Cross, Animal Shelter Volunteers of Texas, 501c3 (ASVT)

As we ring in 2020 we reflect back on what we accomplished in 2019 and what we can do even better in the New Year. Resolutions of course, and trying to live up to them as the year goes by.

We started out as a small group of volunteers at a local shelter in 2010. We could see the desperate need for the care of the animals and that is when it all began! We sat around a table and discussed what we felt we needed to do and what we would call ourselves. Many names were discussed and we decided on Animal Shelter Volunteers because that's what our focus was. We added the word "Texas" because our goal was to help Montgomery County and beyond – which is now what we are doing.

Animal Shelter Volunteers of Texas is proud of all that was accomplished by our rescue since the inception of our group. We have been telling you through the years what we do, but now we are going to tell you how we do it "behind the scenes".

ASVT has a Board of Directors and programs that were put in place over the years have grown to save even more animals.

- Foster Program
- Volunteer Program
- Adoption Events
- Fundraising
- Transports
- Spay/Neuter Program

Meet ASVT Board of Directors. As a nonprofit organization all decisions regarding intake of animals, expenditures and new programs are approved by majority vote. This ensures our rescue is the best of the best.

- Kathy Joslyn President
- Hillary Dumas Vice President
- Elizabeth Jones Treasurer
- Chris DelGreco Secretary
- Arlyce "Fred" Kratochvil –
  Foster Coordinator
- Hilarie Rogers Rescue
- Ruby Cross Marketing

The first program that had to be in place to take animals into our rescue is the Foster Program. We couldn't do anything we do without our wonderful team of fosters.

### **FOSTERING**

Fostering is an emotional rollercoaster helping these helpless animals but we are committed to them. ASVT animals are housed in foster homes where they can be socialized and learn to trust humans. Fostering gives an animal a second chance and can be a wonderful life experience for the entire family. Fosters are the unsung



Heroes of rescue!

Some have asked when I started rescuing animals. Unofficially, I guess it was around 1949 when I crawled under our neighbor's house to get a dog that was crying. I got stuck with her and wouldn't let go, so my dad had to

come get me. Of course she was pregnant and I kept her and her 2 puppies. They rode around in my doll carriage.

Officially, I started volunteering and fostering with Animal Shelter Volunteers of Texas November 11, 2014 and have fostered more than 250 dogs.

### **VOLUNTEERING**





Fostering saves lives!



Foster bottle babies!

As a non-profit organization, ASVT relies on the assistance of caring and hard-working volunteers. Volunteers are the lifeline for each and every animal that comes through our program. Volunteers who work directly with rescue animals can increase an animal's chance of adoption by providing additional human contact.

Just look into the eyes of any of our rescue animals and you will see gratitude for the second chance at a better life given to them by our volunteers.

While fostering is our greatest need, it isn't for everyone. If you can't foster, there are still so many ways you can help as a volunteer.





Glamour shots all around Say woof woof....



Do you ever wonder how we get the great pictures of our foster animals? It is done by our ASVT Photographer Bobbie Bennett. She spends her time going from location to location to get the glamour shots of our animals to help make them more adoptable.

# **ADOPTION EVENTS**

We are thankful for the number of businesses that host our weekly Adoption Events. Ransom's Steakhouse, McCoy's Building Supply, Pet Supplies Plus, Montgomery Fire Station 51 and B-52 Brewery. If you would like to host one of our events just send us an email at ASVTexas@gmail.com. FUNDRAISING

"Help Us Help Them" is our motto. We depend totally on donations from our supporters to continue our work of saving homeless animals. To help with this we do fundraising. Two of our biggest fundraising events are Ales for Tails in May and Rescue Riders in October. We are forever grateful for everyone's participation.





Ales for Tails Fundraiser to support ASVT



Rescue Riders Bikers and Jeeps parade to support ASVT

#### **TRANSPORTS**

Once a month ASVT sends a number of dogs to lowa where adoption needs are high. We try to send from 10 to 20 dogs on each of these transports. They are usually adopted within two weeks. This is a life-saving journey for these dogs.

Our Transport Coordinators make these transports a success. Elizabeth Jones, Chris DelGreco and Theresa Vogelsang make these transports happen every month.



The journey begins. Happy trails!

The cost to send each dog is \$200. This is an expense that ASVT incurs for those that we cannot get sponsors. If you would like to sponsor one of our dogs just visit our website and make a donation with the note that it is for a transport dog. At the time dogs are selected to go, you will be notified of the dogs going and can select the one you would like to sponsor.



The stray animal population in our community and in all of Texas continues to multiply. The only solution is to spay/neuter as many as possible. We understand that not all pet owners can afford the expense of this surgery. ASVT is helping with this problem. Our Spay/Neuter Program is in place to help financially with getting these pets altered. Our Future...

As always, we continue to find loving homes for the less fortunate animals found on our streets. ASVT takes in animals from abusive, neglected homes or stray situations. We take in animals regardless of their health issues and take on the medical expenses for that particular animal. What we do is provide the animal a temporary home through a network of animal foster parents who agree to take care of the animal until it is adopted.

As we look forward to 2020 we look back to 2019 when we took in more than 700 animals to give them a second chance for a good life.

# HOW CAN YOU HELP US HELP THEM? ADOPT, SPONSOR, VOLUNTEER, FOSTER, DONATE!

You can visit our website to sign up to volunteer and/or foster and donate using our DONATE button. Donations help us pay for medical expenses, food, supplies and transporting animals to areas with high adoption needs.

The accomplishments of ASVT would not be possible without partners like Wiesner Automotive, Empire Electric, Ran-

som's Steakhouse, Animal Hospital of Montgomery, Dock Line Magazine and so many more. Visit www.ASVTexas.org. ◆







Who Rescued Who's mission is to aid homeless, abandoned and neglected dogs, to nurture them in the foster care of volunteers, to provide veterinary care and socialization, and to place them in permanent loving and responsible homes at the same time, educating people on the importance of companion animals in our society.



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