# Magazine Tomball January 2020



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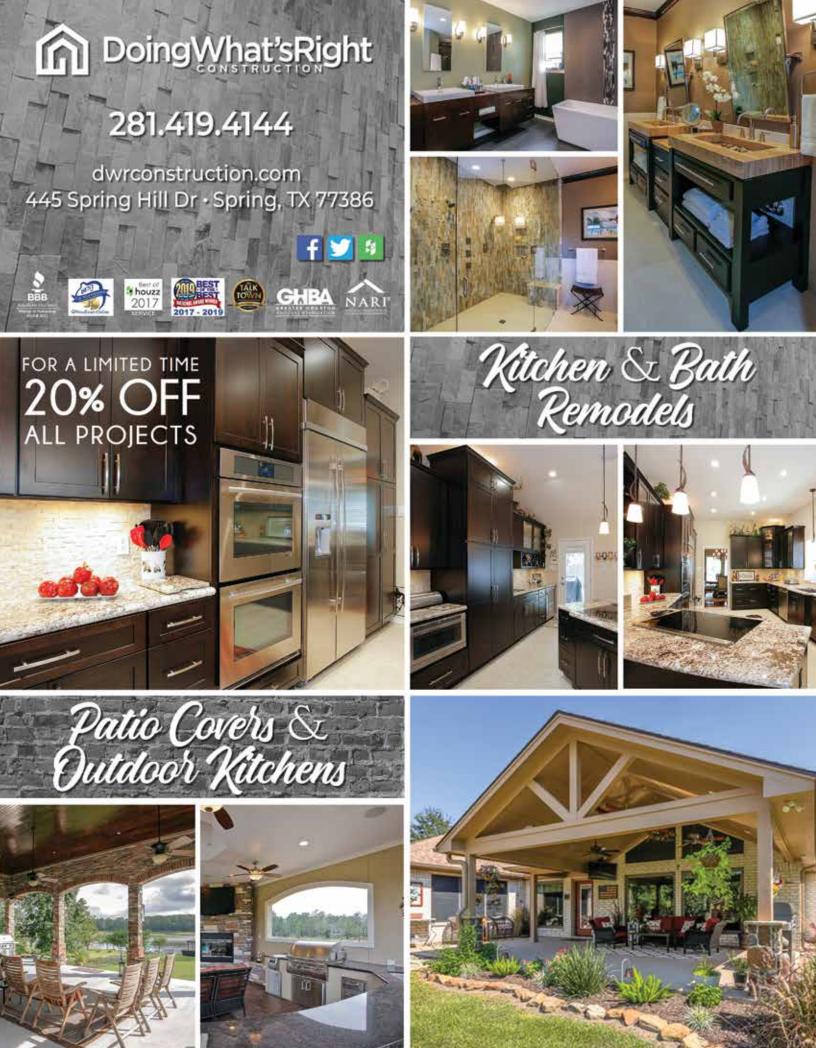
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#### Happy New Year

It's hard to believe another year has passed and a new decade begins with 2020. Here at Dock Line Magazine we are extremely excited to start the New Year with some amazing new ventures. We are skipping the New Year's resolutions putting the past behind us while getting straight to work. We promise to do our best to bring you current and insightful information every month along with a few exciting announcements soon to come, so hold on it's going to be a preeminent year. We hope your 2020 starts off just as amazing. Wishing you all a prosperous New Year. Let's make 2020 the best year yet.

Bentley & Ellie

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#### In & Around

Dock Line

Tomball

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#### ON THE COVER



Sandstone Health has four chiropractic locations offering stateof-the-art health care.

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Articles are the opinions and experiences of other people and we do not necessarily approve, agree with, and/or condone those opinions.



#### International Friends of Tomball When: January 4, 2020 Time: 11:00 a.m. – 12:30 p.m. Where: Tomball Public Library (at Lone Star College Tomball) 1st Floor Meeting Room Admission: Free International Friends of Tomball Share Culture

- Grow Understanding Build Community. For more information call Jena at 832-768-0590.

#### **Tomball Farmer's Market**

When: January 4, 11, 18 & 25, 2020 Time: 9:00 a.m. - 1:00 p.m. Where: Corner of Main St. and Walnut St. in downtown Tomball, TX

Home to growers, craftsmen & artisans the Tomball Farmers Market is a registered nonprofit and works as a cooperative effort of local families dedicated to providing the highest quality food and handmade products to our community. This market was created by farmers and is operated by farmers. We can only exist and attract more farmers through your continued support. For more information call Sarah Starnes at 281-826-2196 or email tomballfarmersmarket@gmail.com

#### 2nd Saturday at the Depot

When: Saturday, January 11, 2020 Time: 5:00 p.m. – Movie at Dark Where: Historic Downtown Depot, 201 South Elm St., Tomball, TX 77375; Rainout location – Community Center, 221 Market St. Admission & Parking - FREE 2nd Saturday at the Depot is a family oriented event held on the second Saturday of every month. Enjoy themed arts and crafts, to games, music and a movie under the stars on the giant inflatable screen. Bring your lawn chairs and picnic dinner and join us for a movie under the stars! For more information call Rosalie Dillon at 281-610-2595.

#### Tomball/Magnolia/Montgomery Diamonds and Denim Go Texan Dance

When: January 25, 2020 Time: 7:00 p.m. – 1:00 a.m. Where: Magnolia Event Center, 11659 FM 1488, Magnolia, TX 77354 Admission: Contact Kennetha Kleimann at 713-416-0195 or email hlsr.hmgt.tmm@gmail.com for

more information

There will be Live Music by Kenny Orts & No Chance and also a Live Auction. Drinks and food will be available for purchase. \$120,000 in Scholarships will be awarded to Tomball, Magnolia and Montgomery County ISD Seniors through the Rodeo's Educational Commitment. Adults Only – 21 & Up! No outside beverages, food or coolers allowed. ◆



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# **A New Experience in Healthcare**



Walking in the doors of Sandstone Health at one of their four chiropractic locations, their family medicine office or their neurofeedback location feels like you are walking into the warm, welcoming home of a family member -If that family member offered state-of-the-art health care. Which is exactly what Chiropractor, Dr. Tony DeRamus had in mind when he first established Sandstone Chiropractic in Montgomery, Texas in 2009.

"When I began in Montgomery, I knew I needed to have a clear mission as to why I was doing what I was doing. That mission was and still is to educate and take care of the doctors in our profession while providing the best care possible for our communities," he says. "At the end of the day, it's all about the people."

#### The Sandstone Philosophy

What started as a chiropractic practice, treating people with pain, stiffness and limited range of motion has become one of the fastest growing healthcare practices in the area. The reason for their success? Chiropractor, Dr. Tony's philosophy that the patient must be an active and willing participant in their health and recovery. Rather than bullying patients into treatment plans that may not work for them, Sandstone strives to provide the best possible care recommendations, and then allows the patient to choose the type of care they wish to receive. With an eye toward creating lasting relationships with patients who are committed to regaining their health, Sandstone believes the only way a patient is successful is if they are a partner in the process. This philosophy has paid off as patients who listen and take action on the recommendations made by one of Sandstone's providers experience the best results.

As patients flocked to Sandstone for chiropractic care, Chiropractor, Dr. Tony began to understand that Sandstone was doing more than treating people, they were revolutionizing the way their community participated in their health care. Yet, there was still a void in the way



most people experienced medicine with their family practitioners.

#### **Enter Sandstone Family Medicine**

"Opening a family medicine practice was something that was important that I knew I needed to do for our community," Chiropractor, Dr. Tony shared. "I felt that the need was growing for more family practices that provided the same quality of care that we provide in our chiropractic practices. I knew we would also be able to provide the community with a highquality solution to their family's healthcare. That's when I began to put together a qualified and skilled team of professionals to make this a reality."

The introduction of Sandstone Family Medicine in October 2019, brought with it a flood of patients who were eager and ready to experience health care not as just a patient, but as a partner. Emphasizing preventative and functional medicine, Sandstone Family Medicine's team of specialists work to reveal the underlying causes of a patient's concerns to help them regain their health without dangerous opioid medications or unnecessary antibiotics.

#### At the Forefront of Technology

Sandstone continues to introduce various cutting-edge therapies in their offices to help support the body's natural healing process by

introducing specific targeted protocols, with therapies such as Pulsed Electromagnetic Field Therapy (PEMF), Cryofos (spot cryotherapy), Spinal Decompression and more! Sandstone practitioners believe that every therapy must be rooted in human connection to be its most effective.

#### Something Different for Pain

With the opioid crisis looming large over the country, people who experience pain are looking for alternatives to prescription pain relievers. Many have found not only relief but also a return to function within the walls of Sandstone Health. Most recently, Sandstone has introduced a proprietary Joint Rejuvenation Program, helping patients with osteoarthritis, ligament and tendon injuries, plantar fasciitis, and overuse injuries make incredible recoveries. This series of procedures work to repair areas that just a short time ago would have taken surgical repair or prolonged recovery times to heal. Minimally invasive and requiring no anesthesia, no narcotic pain medications, and no prolonged recovery times, the Joint Rejuvenation Program represents Sandstone's continued commitment to staying on the cutting edge.

#### Something Different for the Brain

The opioid crisis has also driven the county to seek other natural options to achieve opti-

mal brain health. Understanding the magnitude of this need lead us to launching Sandstone Center for Neurofeedback in The Woodlands, July 2018. Neurofeedback is a brain-based therapy used to correct the frequency abnormalities in the brain associated with various neurological conditions without the need for medication. Neurofeedback has proven success in helping patients overcome the symptoms of various conditions such as ADD/ADHD, Anxiety, Depression, Memory Loss, TBI, PTSD, Concussions, Postpartum depression and more. At Sandstone Center for Neurofeedback, we base your treatment plan on the results gathered from your 19-channel brain map, where we will pair neurofeedback therapy with supportive therapies such as Oxygen therapy, Whole Body Vibration, Electromagnetic Field (PEMF), HRV (Heart Rate Variability) and Photobiomodulation (PBM) to help you achieve optimal brain function.

#### What's next?

Chiropractor and CEO of Sandstone Health, Dr. Tony DeRamus is determined to bring the Sandstone Health experience to as many people as possible. In 2020, he plans to expand the chiropractic arm of the company and open two additional chiropractic locations in the greater Houston area. ◆





#### THE RIGHT CHOICE CAN CHANGE EVERYTHING® SANDSTONEHEALTH.COM

#### **Locations and Contact Information**

SANDSTONE CHIROPRACTIC MONTGOMERY 125 Blue Heron Dr., Ste B Montgomery, TX 77316 936-582-0404

SANDSTONE CHIROPRACTIC MAGNOLIA 6875 FM 1488, Ste 300 Magnolia, TX 77354 281-789-7586

SANDSTONE CHIROPRACTIC CONROE 1336 League Line Rd., Suite 200 Conroe, TX 77304 936-230-5515

SANDSTONE CHIROPRACTIC SPRING/HARMONY 3466 Discovery Creek Blvd., Ste. 300 Spring, TX 77386 281-367-5020

SANDSTONE CENTER FOR NEUROFEEDBACK 8850 Six Pines Drive, Suite 250 Shenandoah, TX 77380 936-230-5161

SANDSTONE FAMILY MEDICINE 795 Fish Creek Thoroughfare, Suite 270 Montgomery, TX 77316 936-436-8121

# Know Your Rights, Start 2020



Luncheon Details Thursday, January 23, 2020 Networking 11:00 a.m.; Luncheon begins at 11:30 a.m. \*NEW LOCATION: Longwood Golf Club, 13300 Longwood Trace Cypress, TX 77429 Costs \$30 with advanced reservations; \$35 at the door Being raised in different countries Denice Smith speaks three languages: English, Spanish and Portuguese. Following her graduation from high school in Brazil, Houston became her home. It is here that she obtained a B.S. in Political Science from the University of Houston and her law degree from South Texas College of Law. Her curriculum vitae' spans six pages and shows not only her competency as an attorney but her passion for coaching and advocating for a long list of causes. In addition to her expertise in her current practice that includes family law, estate planning, arbitration and mediation, she is a certified appellate attorney and is licensed to practice before the 5th Circuit Court of Appeals and the U.S. Supreme Court. Her career covers other specialties like medical malpractice, personal injury and sports law. Her accolades are impressive, however it is the peace of mind and confidence that her clients and colleagues express regarding the professional service she has provided for them that makes her acquaintance endearing. Her elevator pitch states the importance of legal representation perfectly, "if you don't know your legal rights you don't have any."

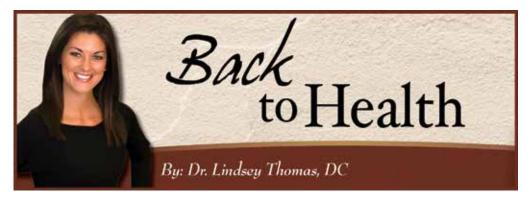
#### About Cy-Fair Express Network (CYFEN)

Now over 60 members strong, Cy-Fair Express Network's vision is to be a community and national leader for the support of professional women by providing a nurturing environment for business development, networking, education and mentoring. Our members have opportunities to pursue excellence and achieve both local and national recognition. CYFEN is part of the national organization of American Business Women's Association (ABWA), for more information go to www.CYFEN.org.

#### About American Business Women's Association (ABWA)

Founded in 1949, ABWA provides business training and networking opportunities for women of diverse occupations and backgrounds. ABWA has dedicated 60 years to women's education, workplace skills and career development training. For more information, visit, www.abwa.org. ◆





#### Is Technology Destroying Your Spine?

I am seeing a staggering number of individuals coming into my office with chronic neck and lower back pain. As soon as they sit down, I know exactly why. Their posture is horrendous. 99% of the time while they are waiting, they are on some sort of Many of us are of the mindset that if it doesn't cause immediate pain then it must be ok. Wrong! Left uncared for, the wear on tear on the spine will affect us later on down the road and distort proper spinal development. This may cause pain in later



years, but even more importantly, if the misaligned spinal bones are interfering with nerve function, many health problems may result in the future.

One thing you need to remember is that your nervous system controls every cell, every tissue and every muscle, so if your nervous system is functioning at less than optimal, you are breaking down faster than you should. And what helps maintain a proper functioning nervous system is the spine that supports your posture. So, if your spine is not ideally aligned, then you are going to eventually develop symptoms associated with the nervous system. Headaches are a great example.

Many of the micro-traumas, particularly those related to posture and position, can be avoided by correct choices. We need to start being more conscious about good posture. When you are on a smart phone or iPad make sure the device is held at eye level. Make sure that your lower back, mid back and neck are all in an upward position. If needed, buy a stand to make sure the device is in a better neutral position and that you are looking up at the device rather than down. Most importantly, try to limit the usage time.

At Sandstone Chiropractic, it is our goal to educate every person that walks through the door about the importance of proper posture and the benefits of chiropractic care. The fact of the matter is that we have a lot more technology in our lives and it is ruining our posture, slowly, daily and we wonder why as adults we suffer from posture related health issues, like neck pain, lower back pain, headaches, etc. Start the process of living a healthier life by always reminding yourself to stand up tall and you will be amazed at how the change in posture translates into a healthier functioning nervous system, and a healthier you. ◆

device, completely hunched over, rounded lower back, rounded mid-back, both shoulders turned in and their necks are in a flexed down position. This epidemic of structural and functional breakdown is occurring at younger and younger ages (2, 3 and 4 years old!), and it's only getting worse with technology.

People spend an average of 2 to 4 hours each day looking down at their phones while texting, sending an email or just passing time on one of the many social media sites. That adds up to 700 to 1,440 hours a year.

The average adult head weighs 10 to 12 pounds when it's in the upright position. The head becomes several times heavier the further forward your head goes. Bending your head forward 15 degrees puts 27 pounds of pressure on the spine; a 30 degree tilt puts 40 pounds of pressure on the spine. Carrying around that extra weight every day eventually leads to early wear and tear on the spine.



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# SondStone health

Our team has grown to *support you* in more ways than ever before. We now offer a complete solution for your total health and well-being.

# Comprehensive care for every step in life

When Sandstone Chiropractic was established in Montgomery, Texas in 2009 - We made it our mission to provide the families of our community with a new perspective on their health by delivering the highest quality of care in a comfortable and holistic setting. Since then, the demand for the same experience in family medicine, neurofeedback and regenerative medicine presented itself. This provided us with the opportunity to continue our pattern of growth by creating a unique blend of comprehensive healthcare to better serve our community and their loved ones. Sandstone Family Medicine and Sandstone Regenerative Medicine are NOW OPEN in the Woodforest community.

The Right Choice Can Change Everything





Our mission at Sandstone Family Medicine is to provide patients the most innovative and highest quality care. We strive to form lasting relationships with the entire family by including patients in the decision-making process and acknowledging them as active participants in their health.

NOW OPEN! 795 Fish Creek Thoroughfare Suite 270 Montgomery, TX 77316



Our philosophy is to provide the best possible care recommendations, and then allow the patient to choose the type of care they wish to receive. We hope to create lasting relationships with patients who are committed to regaining their health, and who allow us to participate in their full recovery. The committed patients who listen and take action on our recommendations get the best results.

#### Conroe Magnolia Montgomery Spring Harmony



#### Sandstone Center for Neurofeedback

By using neurofeedback we are able to retrain the brain by correcting frequency abnormalities associated with various neurological conditions such as ADD, ADHD, autism, anxiety, depression, PTSD, memory loss, and auditory processing issues just to name a few. At the Sandstone Center for Neurofeedback, we combine neurofeedback therapy with various brain-base therapies in order to stimulate optimal results.

> 8850 Six Pines Drive Suite 250 Shenandoah, TX 77380

*Visit us online for more information or please call:* **281.203.0070** Follow us @sandstonehealth for news and updates **f o** 

#### www.sandstonehealth.com

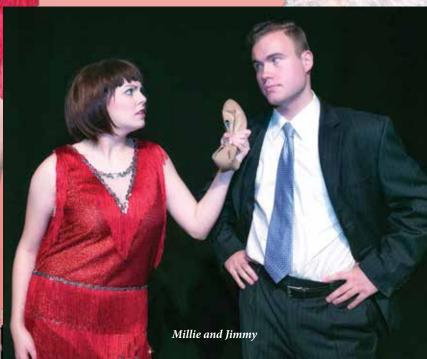


### STAGE RIGHT Presents Tony Award Winning Musical Thoroughly Modern Millie

By: Carolyn Corsano Wong Photos by: Michael Pittman Images

STAGE RIGHT of Texas, resident theatre company at the historic Crighton Theatre, will present *Thoroughly Modern Millie* February 14 – March 1, 2020. The show is directed by Manny Cafeo with New Lyrics by Dick Scanlan, New Music by Jeanine Tesori, Book by Richard Henry Morris and Dick Scanlan, with the original story and screenplay by Richard Morris for the Universal Pictures Film.

The winner of six Tony Awards, including Best Musical, *Thoroughly Modern Millie* was the 2002 season's most awarded new show on



Broadway! Based on the 1967 Academy Award-winning film, *Thoroughly Modern Millie* takes you back to the height of the Jazz Age in New York City, when "moderns," were bobbing their hair, raising their hemlines, entering the workforce and rewriting the rules of love. This high-spirited musical romp is a delightful valentine to the long-standing spirit of New York City and the people who seek to discover themselves there. Set in 1922, young Millie Dillmount from Kansas comes to New York City in search of a new life for herself. Her grand plan is to find a job as a secretary for a wealthy man and then marry him. However, her plan goes completely awry. The owner of her dingy hotel kidnaps young girls to sell to the Far East, her wealthy boss is slow in proposing marriage and the man she actually falls in love with doesn't have a dime to his name... or so he tells her. A happy ending will prevail, of course. *Thoroughly Modern Millie* is a bright, funny, and charming musical comedy full of thundering tap dance numbers and beautiful love songs -- a heartfelt valentine to New York City and the people who love her.

Continued on page 18 ∞

Ah Sweet Mystery of Life at Last I've Found You!



New Lyrics by Dick Scanlan New Music by Jeanine Tesori Book by Richard Henry Morris & Dick Scanlan Original Story & Screenplay by Richard Morris For the Universal Pictures Film

#### Feb. 14 - Mar. 1, 2020

Fridays & Saturdays 8pm, Sundays 2 pm Saturday matinee 2/29 at 2 pm

Tickets \$17-26 Group discounts available

#### Tickets: 936-441-SHOW (7469) Online: www.stage-right.org

Funded in part by The City of Conroe CVB visitconroe.com By arrangement with Music Theatre International MTISHOWS.com



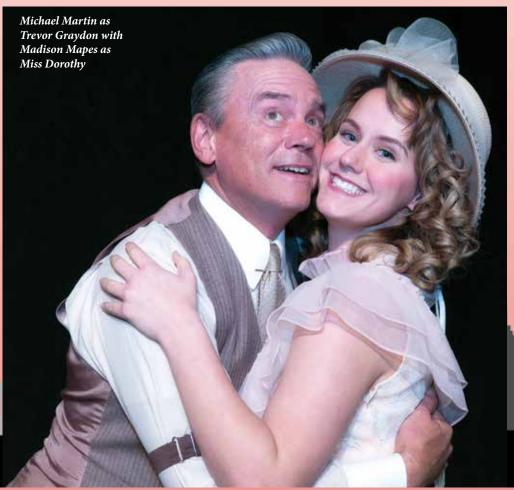
Madison Mapes as Miss Dorothy with Lizzie Camp as Millie

#### **TICKETS/INFORMATION**

Show dates are February 14 – March 1 - Fridays & Saturdays at 8 pm, Sundays at 2 pm and an added matinee on February 29 at 2 pm. Performances will be held at the historic Crighton Theatre at 234 N. Main in downtown Conroe. Ticket prices are \$26 for adults, \$22 for seniors 65 yr and older, \$19 for Groups of 12 or more, and \$17 for youth 16 yr and under. Tickets for the show can be obtained by calling the Crighton Theatre box office at 936-441-SHOW (7469) or online at www.stage-right.org. ◆



Cain Hamilton as Jimmy with Lizzie Camp as Millie





**Robert "Bob" Bradfield** Greater Tomball Area Chamber of Commerce 2019 Citizen of the Year



Bob Bradfield (seated front) was selected as the GTACC 2019 Citizen of the Year. He is pictured here with former recipients of the award. Left to Right: Loma Holmes (2014), Lori Klein Quinn (1993), David Quinn (2009), Sandy Krug (1996), Dorothy Beckendorf (2013), Billie Ann Dio (2016), Sam Shannon (2018), Grady Martin (2012), Latrell Shannon (2018), Mary Whitaker (2011), Kit Pfeiffer (2015), Sandra Martin (2012), Bruce Hillegeist (1994).

The Greater Tomball Area Chamber of Commerce (GTACC) has recognized a citizen of the year since 1969, starting with G.W. Brautigam. The GTACC considers nominations of candidates that must live or work in the greater Tomball area, and their contribution to the community should be in civic, community, professional service, church involvement and/or service to the GTACC or other service organizations.

"We seek community leaders whose volunteer contributions have significantly benefited the greater Tomball area," said GTACC President Bruce Hillegeist.

Bob Bradfield was selected as the GTACC 2019 the Citizen of the Year recipient by former Citizens of the Year and will be celebrated at the GTACC Annual Chairman's Ball, which is to be held on February 7, 2020.

Mr. Bradfield is licensed professional engineer and worked for more than 35 years utilizing his natural gas engineering degree in various management roles at Houston Pipeline Company, and then worked internationally on a UK pipeline. He was a Professional Engineer (P.E.) with the State of Texas, held a leadership role on the Slurry Transport Committee and held six offices and served as trustee for the Pipeline Association of Houston.

Mr. Bradfield moved to Tomball in 1967 and has given his time to many organizations and causes. He is a member of Tomball United Methodist Church where he held many offices such as trustee, head of the Pastor/Parish Committee, member of the Finance Committee and was the Project Manager for the construction of the Education Building. He has been a board member of Habitat for Humanity and the Tomball Museum Center. He has been involved with the expansion of the Tomball Little League fields, as well as helped build the main campus play house for the Ronald McDonald House – Houston. His other contributions include, but are definitely not limited to, spending four to five days a week for the past fifteen years working with Habitat for Humanity Northwest, maintaining historical buildings at the Tomball Museum for over ten years, making weekly donations to Tomball Emergency Assistance Ministries, donating blood every six weeks, driving people to chemo appointments and completing a wide variety of chores and repairs on buildings and homes as needed.

"He is another one of Tomball's unsung heroes. He is and has been a quiet servant in this community for 52 years, doing great deeds but receiving little or no recognition for them," states 1993 Citizen of The Year Lori Klein Quinn.

The GTACC is proud to recognize Mr. Bradfield and have his name added to the distinguished Citizen of the Year list. ◆

# **Online with Dock Ling Online Resolutions for 2020**

#### By: Dock Line Social Media Team

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Remember those futuristic films that we used to watch where people walked into their homes, and their homes spoke to them, turned on the lights and started the kettle? It seemed so far off, so advanced. Yet now we have the Internet of Things, voice-controlled assistants and even control our homes from our smartphones.

But all this connectivity seems to come at a price – there are now more ways than ever for our information to be stolen, viruses to gain access or people to impersonate us. We need tech in our wallets to stop people stealing from contactless cards and biometric data to secure our phones.

Staying safe online remains a big issue, whether on a smartphone, a desktop or even with voice-controlled assistants like Alexa or Siri. To help you, here are the top New Year online resolutions you should consider setting to help reduce the chance you fall foul of the many dangers in our wonderful new connected world.

#### New Year Online Resolutions for 2020

Here are some of the online resolutions we will use in 2020, and that would be worth adding to your list of ambitions for the New Year.

#### I will do a social media clean-up on all my accounts

Set yourself some time when there is nothing else on the calendar and start going through your social media accounts. The idea is to look at what you see if as if you were someone else, a stranger or a friend. For starters, what setting do you have on your account? Can anyone view your profile or do you have restrictions in place? While this is a personal preference, a public profile can be seen by anyone, and you might not want that if you have family photos, pictures of your house or other similar personal information on show.

Take a look at your accounts and the settings. You may spot things you might not want to be there anymore. Adjust the settings, remove photos and even unfriend people if you don't want them to see your information.

#### I will change my passwords (and make them tough)

Saving or remembering passwords is a pain, and that is why we often use the same one on multiple sites, but this makes us very vulnerable to hackers and cybercriminals. So, another excellent online resolution for the New Year is to go through and change passwords and make sure they are tough.

A strong password should:

• Have 12 characters or more

• Use numbers, capital and lowercase letters and symbols such as ! or ?

• Be a word not found in the dictionary or a combination of words

• Not an obvious substitution such as using 0 in place of 'o'

This kind of password can be challenging to remember and even to type, but you can get some great free online password apps that hold all of your data under a single master password that you need to remember. Phones and browsers can also save information if they are secure.

#### I will check that everyone in the house has tough passwords too

Once you have changed your passwords and made sure they are strong and tough to guess, do the same for everyone else in the household. Start with ensuring people protect devices with a personal identification number (PIN) – this is a backup even if the device has biometric features in case you need to access it.

Make sure it is challenging to get into a device with those stored passwords, photos and personal information, especially for the younger members of the family who are less security conscious.

#### I will chat with the family about online safety

Kids, in particular, are vulnerable to the dangers of the online world, and that is why it is essential to consider having a conversation with them about online safety as part of your New Year resolutions.

Set out some online rules or best practices if this works better. Talk about never giving out passwords, clicking the links in emails or messages and being careful about who you give friend status to on social media – as they can see all of your profile. While the aim is not to scare them into not using the Internet, it is best to be armed with information so they can protect themselves.

It can also be an excellent time to talk about

online use in general. If you have household rules such as no phones at the dinner table or no online activity an hour before bed, go over these. Also, talk about why these things are important to show they aren't just random rules!

#### I will support local businesses and be a good online citizen

We often focus on the negative about the online world, but there are lots of positives. One example is the ability to support local businesses by leaving reviews and positive feedback. These things make a big difference to businesses as more people than ever check sites like Trip Advisor or look at the reviews on Facebook.

Rather than only leaving negative mentions, set a resolution to take a moment to review the positive experiences. Tell a local restaurant the food was delicious or the local pub that the entertainment was top class. Be honest but don't forget, positive experiences help people as much as negative ones.

#### Be safe online

2019 was an eventful year, to say the least with the constant changes and challenges. From Facebook's Cambridge Analytica scandal to Instagram hiding likes and the growth of new platforms like TikTok, there are lots to consider and new issues to face. But there are also a lot of positives from the online world with the continued development of IoT one example of how it can make life easier.

By setting these or similar online resolutions for 2020, you can enjoy the best of the online world



while also protecting yourself and your family. And don't forget, you can send in your questions about any of these areas as we are always happy to chat online about security and help you stay safe while on the Internet!

If you have any questions about this article or would like additional tips and tricks or information. Don't hesitate to contact us at social@docklinemagazine.com! ◆

Do you have a suggestion topic for our next article?

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EarthQuest Falconer, Don McCullogh, and a Tawny Eagle. The Tawny Eagle is from Africa, and is somewhat smaller than our own American Bald Eagle

# Birds of Prey Show – Lake Livingston State Park

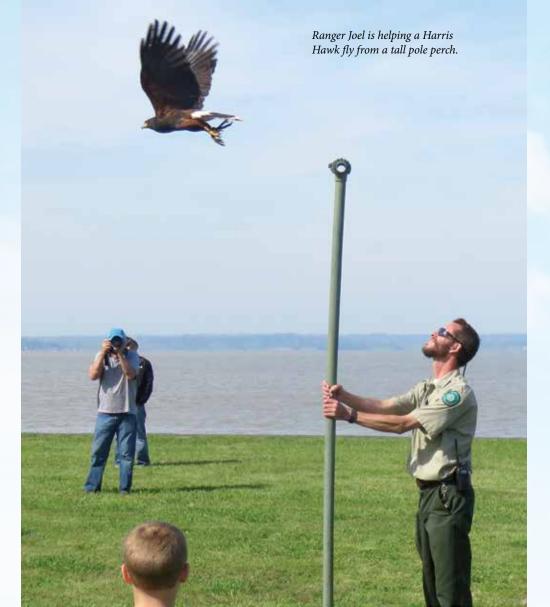
Every March for the past four years, Earth-Quest has brought their Birds of Prey show to Lake Livingston State Park, and this is one show that you don't want to miss! Watch a falcon rip through the air over your head, see a vulture up close and personal, and marvel at the size and beauty of several different magnificent raptors. For various reasons these birds can never be returned to the wild, many due to the fact they were raised from chicks by humans. They have imprinted on people instead of their own kind, and now they think they're people. These birds don't know how to hunt, how to accept a mate, or how to survive in the wild. But they still serve a great purpose.

NATURE

EarthQuest is a nonprofit organization dedicated to providing an environmental education program on birds of prey to the public. In 2019 EarthQuest brought their birds to 13 Texas school districts and 46 schools. Earthquest estimates the program in Texas was seen by almost 25,000 students and teachers last year! In addition they put on shows for parks, nature centers, and other civic groups. Over the past 16 years they've educated around 300,000 folks! EarthQuest volunteers really enjoy seeing all the children's delighted faces, their mouths wide open in wonder! And it's not just the kids, but the adults too!

Lake Livingston State Park Ranger, Joel Jannsen, first brought in the Birds of Prey program during 2016. His mission is to create and develop young stewards for the natural and cultural worlds, and this program is a perfect fit. Joel enthusiastically says, "People need to see nature up close to feel its Shock and Awe, and live programs are the best way to get kids involved. Families have come all the way from Austin and San Antonio to see the Birds of Prey show!" In some years up to 800 people have attended the event at the State Park, with close to half of those being children.

Look for the exact date in March on birdsofpreytexas.org, or facebook.com/LakeLivingstonSP. There are usually two identical shows, one at 11am





The Eurasian Eagle-Owl is one of the largest owl species. She's a big, bulky beauty, and twice as heavy as a Great Horned Owl.

and the second at 2pm. Bring the family to see these magnificent raptors at Lake Livingston State Park, and get ready for a little "Shock and Awe"! Learn more about the incredible nature in



A Turkey Vulture and EarthQuest Program Manager, Phil Huxford. Turkey Vultures hunt by smelling the gases produced from carrion, and they have been known to cluster around buried gas pipeline leaks as well!

our area by joining a chapter of the Texas Master Naturalist organization. To find a chapter close to

you, or to read about the state program, go online to www.txmn.org. Volunteer and get involved! ◆





# Learning about Wildlife – Our Educational Outreach

#### By: Lisa Wolling, Executive Director

At Friends of Texas Wildlife, we feel one of the most important aspects of serving the community is what we offer through our educational outreach programs. Education is a vitally important part of our mission, and we offer many and varied programs and events. groups of all ages. Here are just a few of the events our educational team offers:

• Second Saturday. Our education center is open the second Saturday of every month. Drop by any time between 10 am and 2 pm to visit.



*Each year, our eductional committee volunteers go to many community events to help different groups learn about the wildlife around us. We feel this is a vital part of our mission.* 

Our educational outreach programs, under the exceptional direction of Cathie Coudert (our Education Coordinator), have expanded each year. In 2019, these programs reached over 5,000 members of the community through 92 different and unique events. Additionally, three Boy Scout Eagle projects and six Girl Scout Bronze or Silver Award projects were completed. We offer presentations to schools, camps, scouts, churches, and community There are educational displays and touch tables to investigate, so kids can have some hands-on fun exploring animal pelts, bones, antlers, feathers, etc. It's also a great opportunity to meet one or more of our live, educational animal ambassadors (owls, hawk, opossum, turtles, and/or snake). Visitors can also browse our small gift shop (special wildlife-themed items!) and make a craft to take home. \$5 per person, children 2 and under are free.



Our educational center is a fun and exciting place to visit. We offer lots of camps, mini-camps, drop-in days, and our very popular Second Saturdays.

• Spring Break Discover Days. These are stand-alone "mini-camp" days, with each day offering a different topic. For 2020, the dates will be March 10, 11, 12, 10:00-2:00. Attendees will come and go any time during these hours (drop in, no advance registration required), and can attend one, two, or all three days as desired. Tuesday, 3/10 will be Marvelous Mammals; Wednesday, 3/11 will be Winged Wonders; and Thursday, 3/12 will be Radical Reptiles. Each day will feature different educational animals, crafts, and games. Parents stay with children, \$5 per person.

• Summer Camps. Lots of wildlife fun and games! For 2020, we will be offering three identical sessions of camp: Session 1 June 9 -11; Session 2 June 16 - 18; Session 3 June 23 -25. All camps will run 10 am to 2 pm, campers bring sack lunch. Registration will open April 1 on Eventbrite, \$125 per camper, geared for ages 7-11.

• Wild Summer Fun Days. This will be similar to the Spring Break days, but with longer sessions each day. Dates are Tuesday, 7/14 (Marvelous Mammals); Wednesday, 7/15 (Winged Wonders), and Thursday, 7/16 (Radical Reptiles). Parents drop campers off; each session will be 10 am to 2 pm (bring a sack lunch to picnic with). Come one, two, or all three days. For kids 7-11, \$30 per day. Registration will open on Eventbrite on May 1.

• Birthday parties. Come have a wildlifethemed party at our education center! Different themes and activities depending on age of child. Geared for children ages 4 through 10+.

• Educational presentations, either at our facility or yours. Including, but not limited to: schools, libraries, scout groups, homeschool groups, garden clubs, civic and community organizations, senior-citizen groups, or really any group that would like to learn more about wildlife

We are passionate about helping wildlife and sharing our knowledge of the animals around us. We always welcome the opportunity to help others learn a little more too. Our educational visitor's center is located at 29816 Dobbin Hufsmith Road, Magnolia, so come on out and check us out!

To learn more about what we do and view pictures of many of the animals we assist, please visit our Facebook page at www.facebook.com/ SavingTexasWildlife. The next Second Saturday at our education center Saturday, January 11. For more information about any of our events or educational presentations, please visit our website at www.ftwl.org, or email ftwl.education@ gmail.com. On our website you can also find many helpful links and ways you can help support our efforts, too (such as Kroger Community Rewards, Amazon Smile, etc.). ◆

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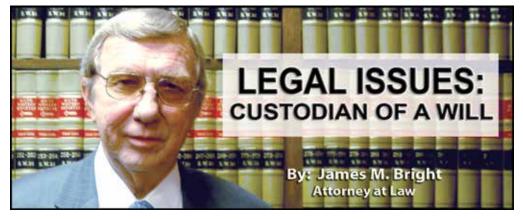
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The following is provided for informational purposes only and is not, nor should it be construed as legal advice.

Questions often arise regarding the duties and possible liabilities of the custodian of the will of a deceased person. *"Custodian*" for purposes of this article shall mean the person who has possession and/or control of a decedent's will. Is he/she required to file it for probate after the decedent's death? Should he/she just hold on to it until such time that one of the decedent's survivors asks for it? Should he/she try to find one or more of the beneficiaries and give the will to them?

The answer to this question is, actually, none of the above. Article 252.201 of the Texas Estates Code instructs the person who has custody of a decedent's will to deliver it to the clerk of the court which has jurisdiction of the estate. (This is normally the county where the decedent was domiciled and maintained a fixed place of residence.) It should be noted that delivery to the county clerk is not the same thing as offering the will for probate. A probate proceeding would strive to have the will recognized as authentic and ask that it be recognized as the decedent's enforceable last will and testament. Filing with the county clerk without an application for probate does not seek Court authentication, but only makes it a part of the Court's complete record if and when a probate proceeding is ever filed for that particular estate.

It is possible and does "in fact" occur that a decedent might have more than one original document which professes to be his/her Last Will & Testament. This does not imply that more than one document will be admitted to probate, but it does point out the need to provide the Court with an opportunity to examine each will and determine which, if either, should be recognized and honored. It is only the original of the will that is subject of this discussion and does not under normal conditions include photocopies of wills.

Occasionally this firm encounters a situation where the person who has possession of a decedent's will does not wish to file it with the court clerk and may even wish to keep its existence a secret. The reasons for not wishing to produce a will can vary widely between persons and may run the gambit from very innocent to the very sinister. One person may erroneously believe that he

will take on unwanted financial responsibility and therefore believe that he should not get involved. ("In fact," there is not normally a court fee for filing the will pursuant to Article 252.201 of the Estates Code.) Another person might not file because they are under the belief that they lack authority to do so, while yet another person might not wish to file through a belief that filing might result in differences in distribution of the estate which are not in that particular person's best pecuniary interest. A conflict might occur if the person who is in possession of a will is not a beneficiary under the will, or the will does not give them the amount that they feel that they are somehow entitled. A common example occurs when the person who fails to file the will is a child of the decedent who would otherwise have received little or nothing from the estate, but by withholding the will and relying upon laws of intestate succession, may receive a generous portion of a deceased parent's estate.

If this occurs, the person who is in possession of a decedent's will may be compelled to produce the will upon performance of the following steps by persons who wish to have the will recognized:

• A sworn written complaint may be filed with the Court stating that a particular person has possession of the last will and testament of the decedent or other papers belonging to the estate of the testator. Upon receipt of the complaint, the County Judge shall cause that person to be cited by personal service to appear in court and show cause why he/she should not deliver such will or other documents to the court for probate or why he/she should not deliver such papers to the executor/administrator. (Texas Est. §252.202)

• If the person who was cited to appear fails to deliver the will or such documents that the Court is convinced were in his/her possession at the time of citation, then the Judge may cause the non-producing party to be arrested and imprisoned until such time that the will or other papers are produced. (Texas Est. §252.203)

• In addition to the above, a person who refuses to deliver such will or papers shall also be liable to any person who is aggrieved for all damages sustained as a result of such refusal. Those damages may be recovered in any court of competent jurisdiction. (Texas Est. \$252.204)

It is important to remember that any original

document that purports to be the last will and testament of the decedent is of interest to the court. It is good practice, and a way to avoid confusion to the future custodians of your will, for you to physically destroy the original of any will that you do not wish for the court to consider as your last will and testament.

If you are the custodian of the last will and testament for someone other than yourself, your duty in filing can always be clarified through discussions with an attorney of your choice who is familiar with probate law in Texas.

James Bright has been admitted to practice before the Federal Courts for the Southern District of Texas and Eastern District of Texas as well as all of the Justice Courts, Probate Courts, County Courts at Law, District Courts, Courts of Appeal and Supreme Court for the State of Texas. He maintains an office in Houston and by appointment another at 208 McCown Street in the heart of historic Montgomery. Contact may be made by telephone (936) 449-4455 or (281) 586-8277. For more information about wills or probate in Texas, please see- www.houstontxprobate.com. ◆

IF YOU WISH TO SUGGEST A TOPIC FOR THIS COLUMN, SEND TO: JAMES M. BRIGHT 14340 TORREY CHASE BLVD., SUITE 150 HOUSTON, TEXAS 77014 Email: topics@houstontxprobate.com





#### 11-16-19 Outlaw Outdoors Bassmaster College State QualifierTournament Sam Rayburn

This morning Trey and I woke up and went outside and my boat was frozen. Everything was covered in ice crystals. We wiped it all down and defrosted it.

It is a very chilling 34 degrees with a thick fog. I dropped the boat in the water and headed down the ramp to the pier and almost slipped. It was also covered in a thin layer of ice.

As I got in the boat it was very foggy on the water. Guess what that means? FOG DELAY. We



were supposed to be on the water and start the tournament by 6:15 a.m. The tournament director said a prayer and they played the national anthem. We took off our caps and held our hands over our heart while the drone flew the United States flag over the water. That is the first time we had ever seen a drone carrying a flag. It was great. Since we were all just hanging out on our boats and waiting



for the fog to lift the tournament director decided to have a 15 minute tournament in the cove. Whoever caught the first fish won 2 hoodies. It was so cold that the fish didn't even want to bite. In 15 minutes not one of the anglers caught a fish so they extended it a few more minutes. Finally, we had a winner. Christian from SFA caught a bass, hoping it was a sign of good luck for the day.

In order for everyone to be safe on the lake, the tournament will not start till the fog lifts and you can see where you are driving. They usually send out a boat to look but this time they went by boat and also sent out a drone to hover over the lake to see where the fog ended. It was getting a little better but still not safe for us to fish. This thick fog is extremely dangerous.

Since we were all waiting for the fog to lift, I was able to visit my friend Parker, he is now attending Baylor and he just started up the fishing team there. He had his coffee in one hand and red bull in the other. It was funny. Great to always see him. Trey and I also talked with Joe and some of the other guys from A&M.

Finally, after trolling around the cove the sun started to rise and the fog lifted. It is now 8:00 am and we are going to start the tournament. Today there are 66 teams competing for the number spot that gets you an entry into the Bassmaster National Championship College series.

In practice Trey and I caught 18 pounds one day and 14 on another. We started our day out fishing grass. That is how we caught them in practice, but this time we didn't catch any. So, we went to a deep spot and caught a limit of 5 by 10 am. We decided we were not going to fish shallow. What we had in our live well was not going to win the tournament. The first place team was the only team that would qualify for the National Championship and we were going to give it all we had to try to get it.

We idled and looked at spots where fish would group up this time of year. This is when I have to think like a fish. I also look up what they do in certain times of the year. I idled the whole rest of the tournament. I followed the river channel and found shad and used my side scan to locate the fish on both sides of the boat. The fish were chasing the bait and that is right where we needed to be. I located a school and ended up fishing about 20 feet deep. At this point we upgraded our fish to approximately 14 pounds. We found 3 more schools and caught fish off every single one.



It was so much fun.

Trey caught the first 3 fish and then I caught a small and then I hooked up a 6 ½ pounder on a deep diving crank bait. It had a 10 inch shad in its mouth. That was a hungry fish. We put the other fish in the live well and they were spitting up the shad. We caught 30-40 fish. In the last hour and a half we culled all of our fish for what we had in our live well. They were all caught on a Strike King 6XD Deep Diving Crank Bait and a ¾ oz Football Jig.

#### 11-23-19 Fishing for Rainbow Trout

Trey and I made a road trip up to San Marcos to visit our friends at Texas State University. The first day Trey and I went fly fishing with Cade Nicholson for rainbow trout in San Marcos on the Guadalupe River. We fished from 10 a.m. till dark and we only caught bluegill. The next day we heard the TPWA was releasing rainbow trout. I decided to set my line up like I did when I went fly fishing in Alaska. I used the same techniques working the line and I caught some rainbow trout. Cade caught an albino rainbow trout. It was yellow. I caught about 20 rainbow trout. Trey and Cade caught about 4 each. It was a great day fishing with my friends on the Guadalupe river. Living the dream, FISHING!

#### 11-27-19 Fishing Lights with my Baseball Friends

All my baseball friends that liked to fish were home for Thanksgiving. Wednesday night Alex Nunn, Jacob Prigmore, Cade Walker and I decided to go out and fish lights on Lake Conroe. Great times with good friends. **Throw It Out, Pop It In, Fish On!** ◆



Dock Line Magazine - Tomball Edition January 2020 27



#### Tomball Chamber of Commerce 1st Friday Luncheons always a great time.

This time was a ugly sweater contest. Eric Evans from HCA Houston Healthcare took home the win.



# Congratulations to Miss Tomball 2020 **Palmer Jones**

Congratulations to the Greater Tomball Area Chamber of Commerce 2019 Citizen of the Year Bob Bradfield



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