



outreach - relief - empowerment

Terry's Table provides food relief for hundreds of families each week. With growing economic challenges and supply chain issues our food pantry has been greatly impacted leaving the cupboard severely struggling to provide sustenance for those in **dire need**.

Our pantry team has come together to instigate a campaign that would provide **immediate relief** for our community, and **WE NEED YOUR HELP!**

Here's how you can help:

1. Set a date within the next week or two to **COLLECT for Terry's Table**
2. Provide a collection area for bagged drop off, with a box or tub for loose items
3. Promote through Facebook (or other social media platforms), neighborhood fliers, Church bulletins, organizations like Boy or Girl Scouts, etc.
4. Communicate the following list or **MOST** needed items.
5. Contact Compassion United for contribution pick-up.

THANK YOU! Your help will be a profound blessing to many as our collective efforts reflect values that we hold most dear in providing, as Christ taught, for the "least of these" (Matt 25:40,45).

The GROCERY LIST:

Canned Meat
Beans (canned or dried)
Canned Vegetables
Canned Fruit
Flour
Pasta
Pasta Sauce
Soup(s)
Rice
Oatmeal
Cream of Wheat
Grits
Cereal
Crackers
Health Snacks



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